

DIGITAL WORKSHOP

DEMYSTIFYING ADOLESCENTS

This free online workshop is a crash course in the developmental psychology of adolescents for parents and carers. You will learn how to understand and communicate effectively with young people.

Demystifying Adolescents is led by Michael Carr-Gregg, a high profile psychologist in Australia and known for his work in the prevention of youth suicide.

When Monday 29 June Time 7.00 – 8.00pm Where Online workshop

For more information and to register, visit **www.ryde.nsw.gov.au/ Demystifying-Adolescents** or call 9952 8222.

