Zaidee's Run for Life—How to manually log your Km's to your page
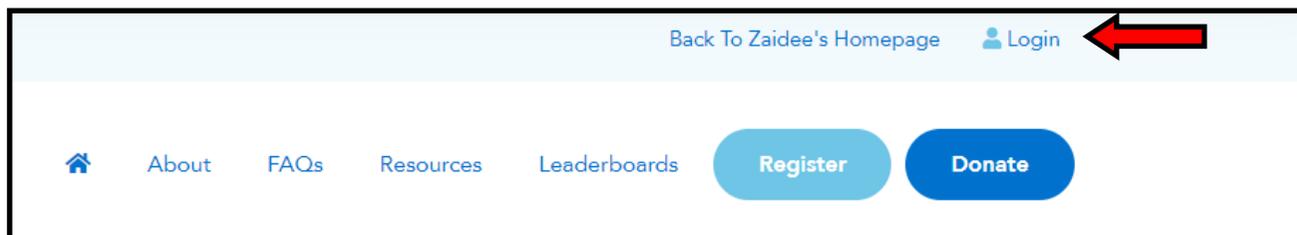
Go to the Zaidee's Run For Life home page:

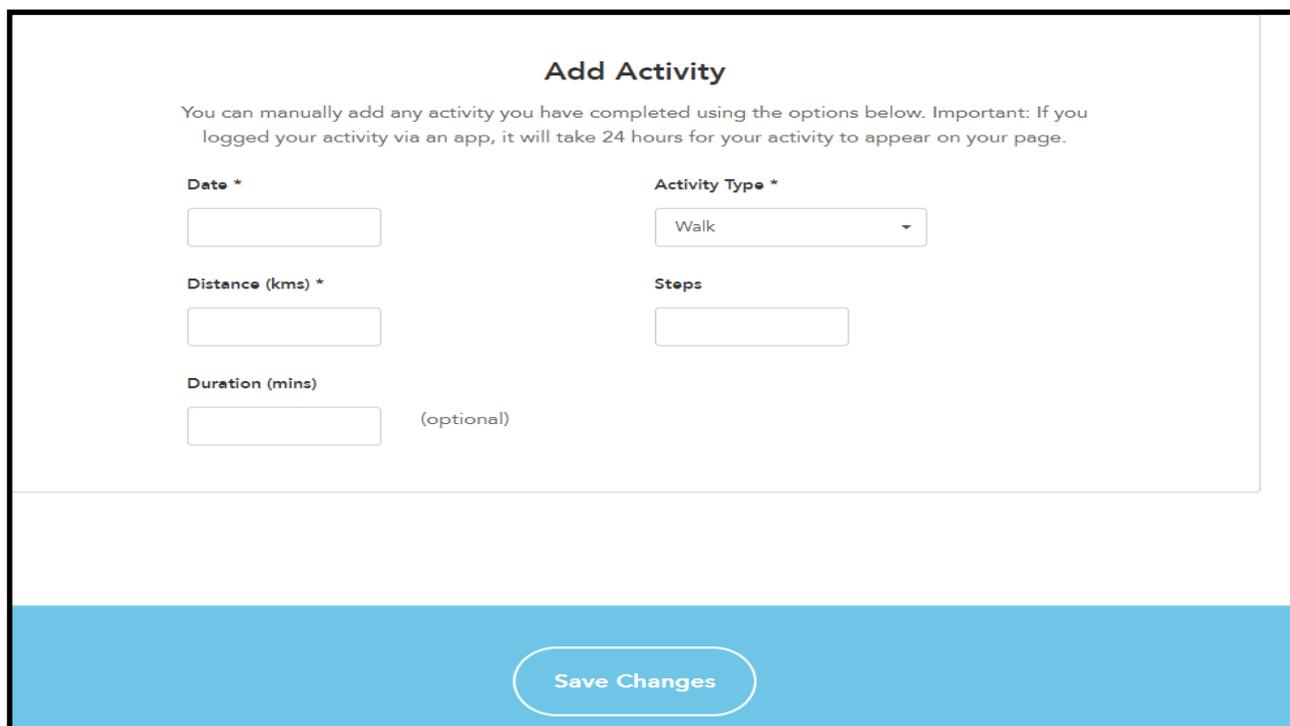https://www.zaidee.org/event/run-for-life/home

Click on the top right hand corner and log in.

Once you have logged into your page, click on the user profile drop down box in the top right hand corner and click on ' My fitness Activity' Tab

Scroll to the bottom of the page and use the 'Add activity' box to complete the details of your physical activity. Then click 'save changes' at the bottom of the page.

Zaidee's Run for Life—Using an activity tracking app

If you are using an app to track your progress such as strava or fitbit. You can link this so that your Km's upload to your page automatically.

Whilst you are on the 'My fitness Activity' page, click on your preferred app out of fitbit or strava.
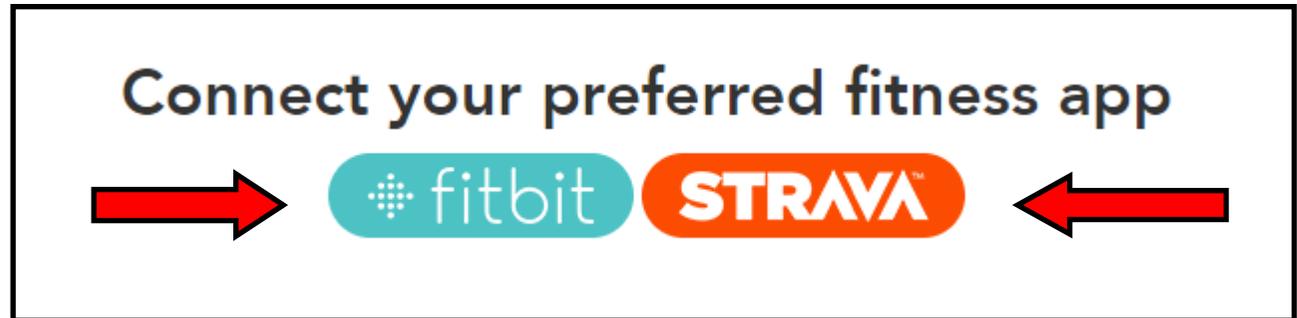
You will then be requested to enter your login details for that app.

Log in using your preferred method.

You will then be asked to give authorisation for linking your fitness app with your Zaidee's fundraising page.

Click 'Authorize' and the link will be complete.