

# Stage 2

## Weekly Update...

RESPECT	RESPONSIBILITY	EXCELLENCE
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Over the coming week's our PBL lessons will focus on Responsibility. Students have many opportunities each day to demonstrate responsible behaviour in the classroom and playground by making sensible choices and taking responsibility for their learning

<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <p>School wide Positive Behaviour Expectations: Be a STAR at BHPS</p> </div> <div style="text-align: center;"> </div> </div>		
★ RESPECT ★	★ RESPONSIBILITY ★	★ EXCELLENCE ★
<p><b>S</b>how kindness and consideration to everyone.</p> <p><b>T</b>ake pride in yourself, your belongings and your school.</p> <p><b>A</b>lways listen to and follow instructions.</p> <p><b>R</b>emember your manners.</p>	<p><b>S</b>tay safe by making sensible choices.</p> <p><b>T</b>ogether we learn and grow.</p> <p><b>A</b>ctively participate and encourage others.</p> <p><b>R</b>ight place, right time and right uniform.</p>	<p><b>S</b>trive for your personal best every day.</p> <p><b>T</b>ry hard in all that you do.</p> <p><b>A</b>ccept Challenges with enthusiasm.</p> <p><b>R</b>each for the Stars!</p>

## PDH

By the end of Stage 2, students recognise physical and social changes and personal management strategies. They recognise individual strengths and apply these to a wide range of contexts. Students investigate the skills and qualities that build caring and respectful relationships and ways to improve their health, safety and wellbeing. They identify the rights and feelings of others and devise strategies to support themselves and others. Students explore health messages and describe the influences on healthy and safe choices. They recognise their responsibility to contribute to a healthy, safe and physically active environment. Students perform physical activities designed to enhance fitness and discuss the relationships between physical activity, health and fitness. They propose strategies that increase opportunities to develop and maintain healthy, safe and active lifestyles.

### How does who I am influence others?

- explore how success, challenge and overcoming adversity strengthens identity, for example:

- explore factors that influence the development of personal identity, eg parents/carers, family, friends, school, gender stereotypes and expectations, disability, culture, religion, emerging world issues
- describe various factors that contribute to Aboriginal and/or Torres Strait Islander identity
- explain how persistence and meeting challenges strengthens identity
- propose ways to respond positively to challenge and overcoming adversity, eg positive self-talk, optimistic thinking and help-seeking behaviours, appropriate expression of feelings
- explore how overcoming a challenge or adversity can unite a group of diverse people

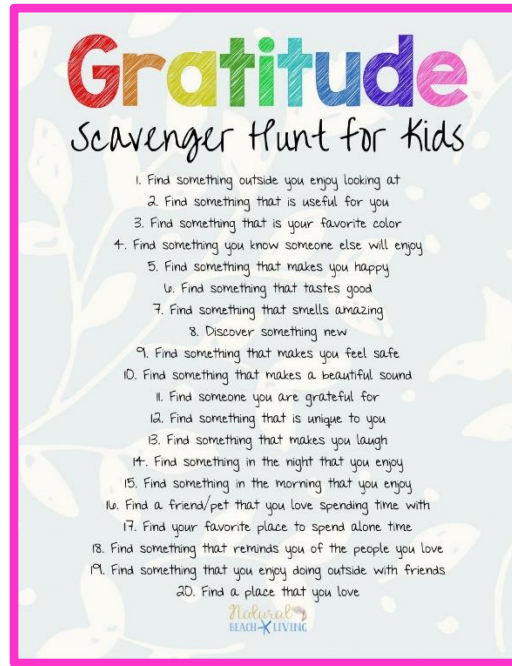
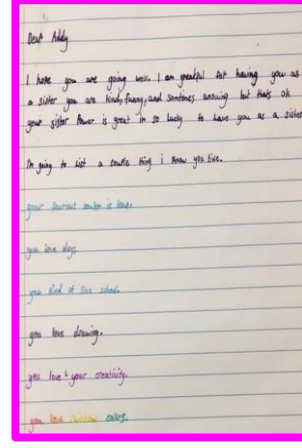
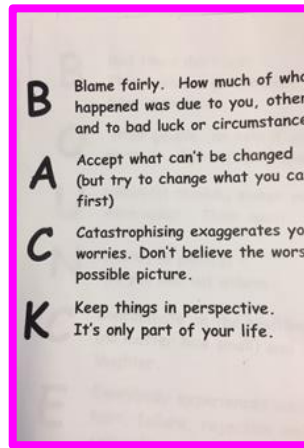
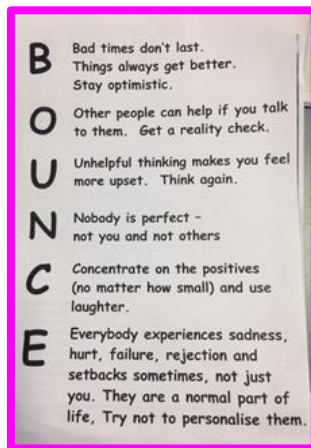
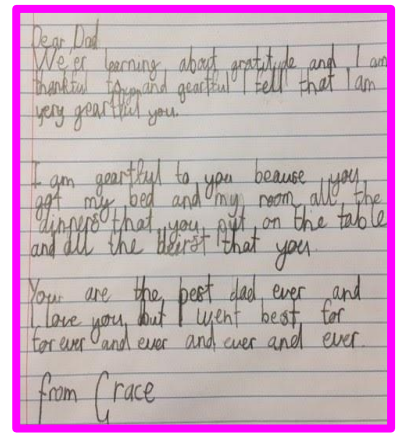
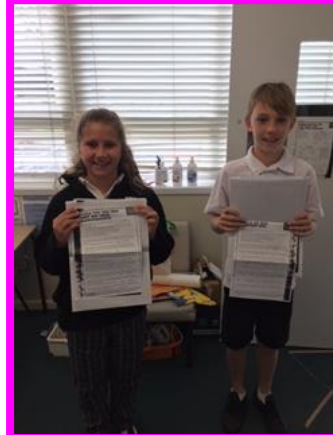
### How can we manage change?

- explore strategies to manage physical, social and emotional change, for example:
  - identify people or sources of information to learn about change and to seek help and advice, eg family members, a trusted adult
  - discuss changes that happen as people get older and how this can impact on how they think and feel about themselves and different situations, eg friendships, loss and grief, personal identity
- investigate how emotional responses vary in depth and strength, for example:
  - recognise their own emotional responses to different situations and how these might differ to others, eg anxious, worried, happy, excited
  - describe strategies they can use to predict and manage their emotions before making a decision, eg calm down before responding, walk away from an emotional situation, consider the alternatives for the situation

### Why are empathy, inclusion and respect important in our relationships?

- describe and practise ways respect, empathy and valuing diversity can positively influence respectful relationships, for example:
  - identify roles, rights and responsibilities in different relationships
  - describe behaviours that show empathy and respect for the rights of others
  - discuss reconciliation in Australia and its positive impact on Aboriginal and Torres Strait Islander Peoples, histories and cultures and society through building understanding and respectful relationships
  - predict and reflect on how other students might feel in a range of challenging situations and discuss what they can do to support them, eg tell an adult if someone is being bullied make positive contributions to group activities, for example:
    - make contributions to group discussion following agreed rules, eg hand up when wanting to speak
    - demonstrate assertive responses and disagree in appropriate ways
    - work in a group to achieve a set task or goal
- investigate Aboriginal and/or Torres Strait Islander and other peoples' cultures and cultural heritages to respect and value diversity, for example:
  - explore local Aboriginal cultures and cultural heritages and propose ways to show respect and valuing diversity in the community

- investigate ways different cultures celebrate important events and develop a sense of belonging in their community



Stage 2 Shout-Outs for excellent effort, attitude and work this week go to the following students:



Make sure you continue to read class emails for any updates or changes to routines, etc. Stay safe!

Stage 2 Teacher





the *Carly Ryan* foundation. APP FACTS

# TIK TOK

(Including Musical.ly)



Tik Tok is a social media platform for creating, sharing and discovering short music videos. Every day, millions of people use Tik Tok as an outlet to express themselves through singing, dancing, comedy, and lip-syncing. The app celebrates creativity with videos recorded in 15 seconds or less and shared across the Tik Tok community.

You have the ability to make cool, short videos—songs or short dialogues – that you can share with the world, and people can see them. Think MTV meets SNL meets karaoke meets Dubsmash meets American Idol meets Instagram.

### Challenges

- 12+ content in the songs lyrics. Swearing and adult concepts in the provided music.
- Pornography, graphic content, suicide notes.
- Tik Tok users can search for other users to view or follow near their own location/city.
- User generated videos can be viewed and shared onto other social media and messaging apps increasing exposure.
- Bullying in comments.
- Users can publicise their messenger usernames or social media profiles on their Tik Tok profile.
- Many underage accounts with large amounts of followers.
- Easy for users to create multiple accounts and hide them from their parents.
- Fake Tik Tok apps on the app store that charge for download or offer followers.

**NOTE:** TikTok offers a live feature for users with 1000+ followers on their profile. This service is intended for ages 16+

### How Do I Delete My Tik Tok Account?

- Open the Tik Tok app and login.
- Tap on the person icon at the lower right of your screen to open your profile.
- Click on the three dots located in the upper right corner.
- Click on 'Privacy and Settings'.
- Click on 'Manage my Account'.
- Add a phone number if you haven't already.

- A verified phone number is a requirement for removing your Tik Tok account.
- Scroll to the bottom of the page where it says 'Thinking about removing your account?' Tap it.
- Tap 'Send Code'.
- Wait for the code to be sent.
- Enter the 4-digit code within 60 seconds of it being sent to you. Then hit continue.
- Read over the implications of removing your account. Hit continue if you agree with the terms.
- Hit 'Delete Account'. You'll be logged out and your account will be deleted.

### How Do I Block a Tik Tok Account?

- Open the Tik Tok app and login.
- Tap on the magnifying glass.
- Search for the user you want to block.
- Tap their name or photo.
- Tap on the ... icon.
- Tap 'Block'.

### How Do I Report a Tik Tok Account?

- Open the Tik Tok app and login.
- Tap on the magnifying glass.
- Search for the user you want to block.
- Tap their name or photo.
- Tap on the ... icon.
- Tap 'Report' and fill out the user report.

App Fact Sheets available from the Carly Ryan Foundation. Please email: [info@carlyryanfoundation.com](mailto:info@carlyryanfoundation.com)