

THE REAL FOOD CANTEEN



Term 4 ~ Week 3 ~ Friday 30 October 2020

Term 4	Date	Manager				Menu
Week 3	30 October	Bek E	Emily V	Lauren K	Liz de L	Chicken Schnitzel Burger
					Liz de L	Haloumi Burger
Week 4	6 November	Shannon W-T	Katie C	Narelle W	Lauren K	Nachos
					Lauren K	Vegetarian option
Week 5	13 November	Rachel H	Jess G	Emily V	Kate S	Pasta Bolognese
				Effilly V	Rate 5	Vegetarian option
Week 6	20 November	Linda U	Lee N	Ingrid K	Ella C	Ham/Chicken Salad Rolls
					Ella C	Salad Rolls

ORDERS & MONEY DUE INTO THE BASKET IN THE FRONT OFFICE BY 3.30 WEDNESDAY PLEASE. If you use a ziplock bag, please write your child's name and class on it and we will return it for your next order.

Student Name:	Student Name:			Student Name:					
Teacher Name:	Teacher Name:				Teacher Name:				
Dietary Requirements:	Dietary Requirements:				Dietary Requirements:				
Chicken Schnitzel Burge	Chicken Schnitzel Burger				Chicken Schnitzel Burger				
Chicken Breast Fillet coated in mil breadcrumbs served on a roll with optional extras. Optional Extras (please circ Mayonnaise Tomato L	Chicken Breast Fillet coated in milk & breadcrumbs served on a roll with optional extras. Optional Extras (please circle) Mayonnaise Tomato Lettuce				Chicken Breast Fillet coated in milk & breadcrumbs served on a roll with optional extras. Optional Extras (please circle) Mayonnaise Tomato Lettuce				
GF OPTION Chicken Breast Fillet c milk & rice flour served on a GF Ro optional extras.	GF OPTION Chicken Breast Fillet coated in milk & rice flour served on a GF Roll with optional extras.				GF OPTION Chicken Breast Fillet coated in milk & rice flour served on a GF Roll with optional extras.				
Optional Extras (please circ	Optional Extras (please circle)				Optional Extras (please circle)				
Mayonnaise Tomato L	ettuce	Mayonnaise	Tomato	Let	tuce	Mayonnaise	Tomato	Let	tuce
VEGETARIAN OPTION Fried Halou served on a roll with option extras	VEGETARIAN OPTION Fried Haloumi served on a roll with option extras				VEGETARIAN OPTION Fried Haloumi served on a roll with option extras.				
Optional Extras (please circ	Optional Extras (please circle)				Optional Extras (please circle)				
Mayonnaise Tomato L	ettuce	Mayonnaise	Tomato	Let	tuce	Mayonnaise	Tomato	Let	tuce
\$5.00ea QTY		\$5.00ea	QTY			\$5.00ea	QTY		
Toasted Sandwich (please co	Toasted Sandwich (please circle)				Toasted Sandwich (please circle)				
Ham Cheese Tor	nato	Ham	Cheese	Toma	to	Ham	Cheese	Tomate	0
GF Bread DF Cheese		GF Bread	DF Cheese			GF Bread	DF Cheese		
\$3.00ea QTY		\$3.00ea	QTY			\$3.00ea	QTY		
Drinks \$1.00ea	QTY	Drinks \$1	L.00ea	•	QTY	Drinks	\$1.00ea		QTY
Apple Juice GFDF		Apple Juice		GFDF		Apple Juice		GFDF	
Apple Blackcurrant Juice GFDF		Apple Blackcurrant Juice		GFDF		Apple Blackcurrant Juice		GFDF	
Orange Juice GFDF		Orange Juice		GFDF		Orange Juice		GFDF	
Plain Milk GF		Plain Milk		GF		Plain Milk		GF	
Chocolate Milk		Chocolate Milk				Chocolate Milk			
Strawberry Milk		Strawberry Milk				Strawberry Milk			
Sparkling Spring Water GFDF	Sparkling Spri	GFDF	_	Sparkling Spring Water GFDF					
TOTAL	TOTAL		\$	TOTAL \$			\$		



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