

# N<sup>AT</sup> <sup>AT</sup> CANTEEN MENU

**CRUNCH & SIP \$1.80 Available Before 10am**

**Bottle Water & your choice of one from Cool snacks**

E= Everyday

O= Occasional

## Cool snacks

<b>E:</b> Piece fruit	\$1.00
<b>E:</b> Fruit kebab	\$1.00
<b>E:</b> Melon wedge	\$1.00
<b>E:</b> Mixed fruit bag	\$1.00
<b>E:</b> Frozen orange bag	\$1.00
<b>E:</b> Carrot bag	\$1.00



## Snack attack

<b>E:</b> Mini muffin	\$0.20
<b>E:</b> Fresh popcorn from	\$0.50
<b>E:</b> Bubble log	\$0.50
<b>E:</b> Low fat custard cup	\$1.20
<b>E:</b> Low fat fruit & custard cup	\$1.50
<b>E:</b> Low fat yoghurt pouch	\$2.00
<b>E:</b> Melon tub	\$2.00
<b>E:</b> Frozen grape bag	\$2.00
<b>E:</b> Fruit salad	\$3.00
<b>E:</b> Egg bag	\$1.00
<b>O:</b> 2x celery boat with filling	\$1.50
<b>O:</b> 2x mini jelly	\$0.50
<b>O:</b> Mammes	\$1.00
<b>O:</b> Assorted 28g chips	\$1.50

V= Vegetarian

## Drinks

<b>E:</b> Water 600ml	\$2.00
<b>E:</b> Poppers 100%	\$1.60
<b>E:</b> Berri pop top juice	\$2.00
<b>E:</b> Juice bomb	\$2.50
<b>E:</b> Chill 100% juice	\$2.50
<b>E:</b> Chill ice tea 250ml	\$2.50
<b>E:</b> Plain milk	\$1.50
<b>E:</b> with sippah straw	\$2.00
<b>E:</b> Big M chocolate	\$2.50
<b>E:</b> Big M strawberry	\$2.50
<b>E:</b> Up & Go chocolate	\$3.00

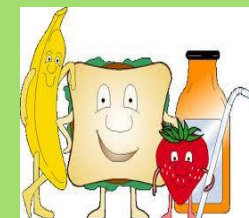


**Our school canteen  
complies with the NSW  
Healthy school canteen  
food & drink benchmarks**

H- Halal

**Lunch pack deals are available  
From your canteen also from  
Munch monitor on line ordering**

**[www.munchmonitor.com](http://www.munchmonitor.com)**



## Ice Blocks

<b>E:</b> Quelch stick	\$0.70
<b>E:</b> 100% juice cup (apl)	\$1.00
<b>E:</b> 100% juice cup (abc)	\$1.00
<b>E:</b> Frozen 100% popper	\$1.60
<b>O:</b> icy twist	\$1.50
<b>O:</b> Calippo	\$1.50
<b>O:</b> Frozen yoghurt	\$2.50