

Year 5 & 6 Leadership, Team Building and Collaboration Day

B.Firm School Obstacle Course Challenge

Monday 4th April 2022

Dear Parents and Carers,

We believe that it is important to provide opportunities for students, at Sutton Public School, to engage in programs that support the development of leadership and collaborative skills. These skills are essential as students continue to progress towards high school and continue their learning career.

As a part of our outdoor education program for 2022, the senior students will participate in an obstacle course run by B.Firm. This program aligns with learning in our Physical Education, Health and Personal Development Curriculum. It is recommended that all students attend. If children are unable to attend, they will be catered for at school.

This event will be held on **Monday 4th April, 2022** at the B.Firm facility in Symonston. This will be an exciting way for students and teachers to develop skills and strategies that can be utilised throughout their learning and leadership roles for 2022. The activities foster quality social interaction as well as supporting students to develop independence and meet curriculum requirements.

Who	All students in Years 5 and 6 accompanied by classroom teachers.
What	Obstacle course challenges run by B.Firm. As a part of the program, students are invited to participate in an activity course which includes a number of different obstacles and activities that encourage students to work as a team and overall build confidence whilst being physically active. The course will be adjusted to suit the needs and ages of all students to make sure that it is done in a COVID safe and fun environment.
When	9:00am – 3:00pm Monday 4 th April
Where	B.Firm Outdoor Activity Centre, 250 Narrabundah Lane, Symonston, 2603.
How	Students will arrive at school by 9:00am to catch the bus and return by 3:00pm (to ensure they can travel home as usual)

In supporting us to organise this event we ask that you complete the following form by **Monday 21st March 2022.**

- Permission slip
- Medical information – see attached
- Covid-19 Consent
- The B.Firm waiver <https://bfirm.com.au/sutton-public-school/>

Valuing the future

The cost for the day is \$80.00. This covers the external providers and buses. We understand that this is a significant expense, if you require financial help please see Mrs Sullivan, our school principal, for support. Full payment for the event is due no later than **Monday 28th March**. Payments are to be made online.

For any questions or further information about B.Firm, please don't hesitate to contact us or go online to <https://www.kidsfirm.com.au/Schools/SchoolExcursions-471/>

Yours sincerely

Miss Gemma Hawkins

Stage 3 Assistant Principal

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9.3.22



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Website

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Parent information: B.Firm Activity Day

Teachers:

This year Miss Hawkins, Mr Mitchell and Mrs Sullivan will be attending the B.Firm Activity Day. They will be accompanied by the necessary school learning and support officers.

Food:

It is important that children have enough food for crunch and sip, lunch and additional snacks for the day. Students are expected to bring a large drink bottle that they will be able to refill throughout the day.

Checklist:

• Clothing to wear -

Please label all clothing and towels with your child's name.

- Pants or long shorts – lightweight pants, board shorts or sports shorts are best
- Short sleeved shirt – preferably with a collar
- Hat – must be wide brimmed
- Sturdy enclosed shoes – for walking, running and climbing

• To bring in a backpack –

Students will need to bring a backpack that can carry the necessary clothing, food and additional items. These should be clearly marked with your child's name, address and phone number.

- Rain jacket – weather dependent
- Sunscreen – 30+ SPF
- Water bottle – 1 litre bottle
- Towel – for wet and muddy activities
- Shoes (spare) – for wet or muddy activities
- Clothes (spare) – for changing after wet or muddy activities
- Personal medication – to be handed over to teachers at check in
- Food – lunch and snack (avoid foods with nuts)

• What not to bring:

- Mobile phones, cameras and other electronic devices
- Jewellery
- Anything valuable



Permission to Attend

This excursion has been planned to supplement the following work being done in the classroom **on the 4th April 2022**. The cost of the excursion is \$80.00 and payment is to be made online. The class will depart from Sutton Public School via bus at **9:00am** and return to Sutton Public School via bus at **3:00pm**. All staff attending are CPR trained. Accompanying staff will be allocated to effectively cater for students/ B.Firm supervision requirements.

I understand that my child will receive medical treatment in the case of an emergency.

I give permission for child _____ of class _____ to attend B.Firm Activity Day on **Monday 4th April, 2022**.

I have made an Online Payment. Receipt Number: _____ Date Paid: _____

Online Payment Details

In "Payment Options" please select **Excursions** and in "Payment Description" please insert
B.Firm

Parent/ Guardian Signature

Date

Medical Information

- Does your child suffer from any medical condition? (asthma, diabetes, epilepsy, etc) Please note details of any medical management program that staff may need to be aware of.

- Give details of any medication (and dispensing routine) that your child is currently taking.

- Give details of any allergy your child has to common foods, plants, insect bites, medications (eg Penicillin) _____
- In what year was your child last immunised against tetanus? _____

Is there any other health related information that we may need to be aware of that may impact on any of the activities undertaken during this activity? _____

Covid-19 Consent

I acknowledge that this event/activity is required to be held in accordance with any current NSW Health COVID-19 Public Health Orders and the NSW Department of Education's policies and procedures. I acknowledge and accept that there is a risk that my child may be exposed to COVID-19 whilst attending and participating at this event. I confirm that my child will not attend if displaying any symptoms of illness, and/or if directed to isolate under public health orders.

Parent/ Carer Signature

Date

