

GOWRIE NSW DRUMMOYNE & ST MARK'S NEWSLETTER



ISSUE: March 2022



BSCASC VOUCHERS



Redeem your Service NSW \$500 voucher

We have sent out communication via Story Park manage to all families regarding the process to redeem their service NSW \$500 voucher. The poster with QR code is displayed near our entry/exit points for easy access to scan and upload information. This poster can also be found in the foyer area of the school office.

Terms and conditions for Voucher use at Gowrie NSW

1. Families must have no outstanding debt balances as at 28th February 2022.
2. Voucher value must be used in full by 30th June 2023.
3. Any unused portions of the vouchers will be returned to Service NSW (NOT to families)
4. Voucher credits will be processed within 5 business days (excluding public holidays)

Once the Gowrie NSW voucher redemption terms and conditions are met by the family the voucher credit will be applied to your account. It is one voucher per child and for each child a separate form needs to be filled in. The \$500 OSHC voucher can be applied to only one OSHC service. As St Marks OSHC service is under another service approval we cannot apply the voucher credit to that service if we have redeemed it for Drummoyne OSHC. This is how the vouchers are set up. It is not a decision made by any organisation as this is a NSW government directive. If you haven't redeemed, and you have a couple of children – it is best you assign one to Drummoyne and one to ST Mark's to spread out the voucher credit.

Gowrie NSW Drummoyne & St Marks Outside School Hours & Vacation Care

7am to 9am & 3.15pm to 6pm
Drummoyne P.S – Tues, Weds & Thurs
St Mark's Catholic – Mon & Fri
Drummoyne P.S – Vacation Care

A Drummoyne Public School
Rawson Avenue, Drummoyne NSW 2047

0436 616 744

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E www.gowriensw.com.au

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FIND OUT MORE

To view our programs, make an online booking, or to find out more, please visit our website or scan the QR code below:

<https://www.gowriensw.com.au/out-of-hours-care/drummoyne-and-stmarks>



Visits to our program are always welcome and can be arranged by calling the Program Manager or emailing the centre.

We would love to hear from our families, if you wish to provide feedback, or if you have questions, comments or concerns, please feel free to contact the centre via email, in person or phone.

AUTUMN VACATION CARE

Our current team now consists of:

PERMANENT EDUCATORS

Rekha Moda
Program Manager

Lina Procopio
Assistant Program Manager

Vanessa
Educator

Neelam
Educator

Caitlin
Educator

CASUAL EDUCATORS

Jason, Katalina, Lucy, Claudia, Meral and Chanae,

WEEK 1	WEEK 2	WEEK 3
MON 11 APR Super Air Combat Mission Workshops (Incursion) \$75 Coding by flying drones and breaking down monsters and villains threatening community safety.	TUE 18 APR CLOSED	WED 25 APR CLOSED
TUE 12 APR Science experiment and party games (Inhouse) \$75 Have fun in the morning with science experiments by making slime rockets launching, explosions and lava lamp crafting.	WED 19 APR Circus Skills Fun (Incursion) \$75 Learn everything from clowning, acrobatics, juggling and more! Develop your skills in improvisation and stunts. Unleash your inner performer.	THUR 26 APR Wellbeing Day (Incursion) \$75 We will be relaxing, rejuvenating and preparing ourselves for the term ahead. Engaging in wellness and Yoga movement and mindful arts and crafts.
WED 13 APR Animation Workshop (Incursion) \$75 Provide children the opportunity to learn this art here at Gowrie! Children will be using stop-motion animation and learn to create animation movies!	THUR 20 APR Rock Climbing (Incursion) \$75 Have fun rock climbing precisely and safely. Long pants and full sleeve t-shirts must be worn.	FRI 27 APR CLOSED
THUR 14 APR Jungle Buddies (Excursion) \$90 Huge indoor play structure at Five Dock. This excursion is limited to 60 children. Books essential.	FRI 21 APR Movies at Hoyts EQ with play at Centennial Park (Excursion) \$90 This excursion is limited to 60 children. We will be watching the latest PG rated blockbuster then going to centennial park for play and lunch.	SAT 28 APR CLOSED
FRI 15 APR Closed	SUN 22 APR Arts & Crafts Day (Inhouse) \$60 We are going to get creative today with a variety of art experiences like mosaic art, tie dye, jewelry making etc.	MON 29 APR CLOSED

Register online today at gowriensw.com.au

Terms & Conditions
 * All booked excursion care sessions must be paid in advance.
 * Cancellation of any excursion care session requires 14 days notice.
 * The maximum number of children per excursion is 60. There will be a charge for the additional children if the number of children exceeds 60.
 * The program is subject to change without notice.

Autumn Vacation Care flyer

Our Vacation Care Program flyer has now been uploaded on our website: www.gowriensw.com.au.

To book into the program please log into our website and fill in the vacation care booking form.

If your child will be attending the incursions and excursions on the day, there is a separate permission form that needs to be signed. We run the School Holiday program from 7am to 6pm Monday to Friday (except weekends and Public Holidays) from Drummoyne Public School. The program includes breakfast and afternoon tea for children attending on the day. A change of clothes, hats, sunscreen, and a water bottle is essential for ALL children attending on. We have some amazing excursions and activities planned these holidays that are purely based on children's suggestions.

We have two excursions planned these holidays: Jungle Buddies at Five dock (lunch included) and the movies at Hoyts Entertainment Quarter. We will be travelling by Telford buses to the venues. These excursions have been capped at 60 children. We will have a ratio of 1 educator for 10 children with the responsible person being the Program Manager. We have a risk assessment for each excursion which can be viewed on request.

PLEASE book early to avoid disappointment.

This month's featured educator



Caitlin Mitchell

What is your favourite part of working at GOWRIE OOSH?
 I love helping the kids, whether its during arts & crafts or setting up a game of sport, as well as working with people who are supportive and create a fun and loving environment.

What is your philosophy in working with children?
 To create and maintain a supportive environment where they can flourish and grow as individuals.

What is your favourite quote?: Everything happens for a reason.'

GOWRIE OSHC IS FUN!!



Review of our Philosophy

We seek Parent educators and children's input when reviewing our service philosophy yearly. If you could please provide feedback on our philosophy (below) it will help us redevelop it with a shared vision.

- We appreciate that each child has unique needs, interests and strengths and therefore each child is catered for as an individual.
- We strongly promote numerous opportunities for play. We believe play is valuable in every aspect of a child's development and recognize the importance of children being actively involved and engaged in a variety of learning experiences.
- We believe in providing a variety of scaffolding strategies to guide, support and extend the child's learning.
- Planning, observing, communicating and working as a team in collaboration with families and the community assist educators in providing a meaningful program and maximizes optimum care and attention for each child.
- Our learning environment promotes opportunity for sustainable shared thinking and collaborative learning. Our learning spaces invite open ended interaction, spontaneity, risk taking, exploration, discovery and connection with nature.
- Our environment is inclusive, promotes competence, independence and learning through play.
- We believe in promoting sustainable practices in everyday learning. Educators, children and parents work together to show respect, care and appreciation for the natural environment.
- We also acknowledge the Australian Aboriginal and Torres Strait Islander peoples as the first inhabitants of the nation and the traditional custodians of the lands where we live, learn and work.

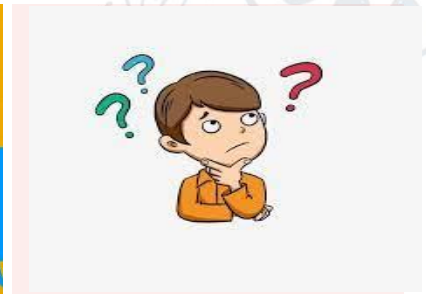
Program Highlights

Term 1 has flown by and come to an end! What a massive term it's been for Gowrie OSHC, with some educators joining the team. We welcomed Jie, Rosetta and Thinh into our team this term. We also welcomed Jacob Francis who is volunteering as part of Duke of Edenborough program one day a week for an hour and Jacob loves his time with the children and they have loved having him.

We hope all the Kindy children and other new children have settled in nicely and are enjoying their time at OOSH. If there is anything we can do to make their time more enjoyable, please do not hesitate to speak with us. We have had an exciting start to the year which you can see from the program documentation in our newsletter and our Story park APP; the kids and educators have been busy learning, exploring, playing and experimenting! The relationships between our educators and the children are amazing!

Our OSHC and Vacation Care Program is based on STEM learning and consists of varied experiences throughout the week with specialized Educators in each field facilitating the clubs. We have a Cooking club and Homework club on Mondays, Tuesdays is our Garden Club, Wednesdays we do multisport, Thursdays knitting and Friday we do meditation and yoga. Which is a new addition to our program. This is being facilitated by Rosetta who is a qualified teacher on the subject.

Our garden program is generating huge response especially from the new Kindergarten children. Our Garden teacher Aunty Lucy has been forming relationships with the new children while introducing them to the garden activities. Last couple of weeks we had some young enthusiasts feeding the worms, composting, watering sowing and weeding the garden last couple of weeks. It is also a calming zone for some children who are over stimulated with the OSHC environment. They love reading the fairy notes and building on our Peace Garden with little additional artefacts each day as well..



Do you only take Permanent or ongoing bookings?

No! We have flexible care options too. When you enrol your child we can set them up for casual bookings, which means you can let us know as you go along what care you need. Perfect for shift workers or irregular rosters! We just ask that you let us know by 6pm the day before (for Before School & Vacation Care) or by 9am on the day (for After School Care). We can take last minute bookings if you get called into work or something unexpected comes up. Give us a call as soon as you can to check that it's okay.

Do Educators in OSHC need to have a qualification?

Regulations state that Educators working in OSHC do not need formal qualifications. At Gowrie OSHC we consider a variety of reasons, including qualifications, as to why someone would make a good Educator. These include life experiences, attitude to learn, and other transferable skills someone may have. We pride ourselves on supporting Educators to gain qualifications and offer many professional development opportunities to develop Educators as people and their career path.

What will happen if my child forgets go to OSHC after school?

If your child has not arrived at OSHC, we will make enquiries with the school and ring parents/families to make sure your child is safe. We ask that you notify us of any absences.

When do Vacation Care programs go out to families?

Vacation Care programs are typically released to

families three weeks prior to the commencement of school holidays. A Story Park post will be sent to all families letting them know that the program is now available, and bookings have opened.

What happens if I'm running late to collect my child?

All late collections should be communicated to the OSHC team.

They will remain at the service with your child. If educators have not been in contact with you prior to the service closing, they will contact you and your emergency contacts to arrange a safe collection of your child.

All late collections are individually assessed based on each case. We do charge a late collection fee of \$1 per minute per family. Please respect our team and their time and safety.

Can I enrol my child who has behavioural and/or medical concerns?

Yes, in most cases. We are an inclusive service. However, there are additional steps involved to ensure that our educators are well prepared to be able to provide your child with the best care for both them and the other children in our care. The first step is to contact the Program Manager and discuss a Care Plan and all individual needs of your child.

KIDS IN THE KITCHEN

FEEDBACK FROM CHILDREN



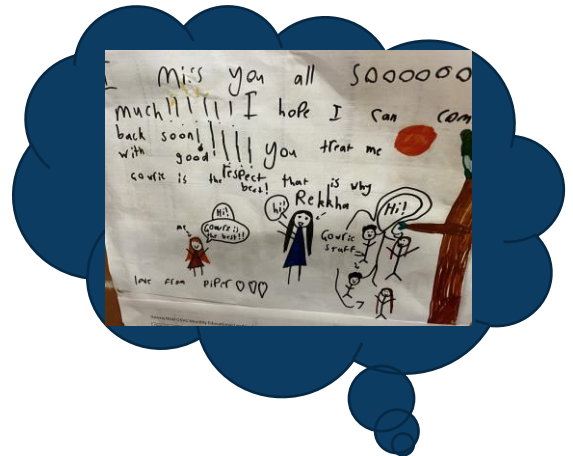
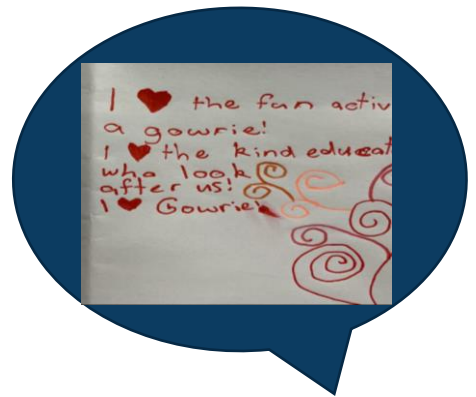
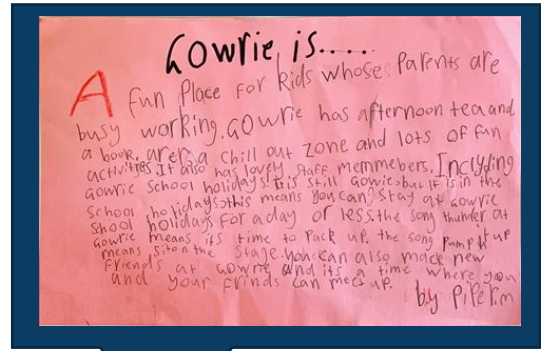
Pizza Scrolls

Ingredients:

- Puff pastry
- Shredded cheese
- Pizza sauce
- Toppings of your choice: pineapple, ham, salami, capsicum, mushrooms etc

Method:

1. Preheat oven to 180° and prepare a baking tray with baking paper.
2. Defrost puff pastry sheets and lay out flat evenly spaced.
3. Spread pizza sauce over entire puff pastry sheet leaving a 3cm gap on 1 side.
4. Sprinkle shredded cheese and other sliced toppings across each sheet and roll sheets towards the blank edge, using that edge to seal the scrolls
5. Lay the long scroll on a chopping board and chop into 3 cm scrolls. Place onto baking tray, evenly and on the sides so pastry cooks through.
6. Cook for 15-20 mins or until golden brown. Serve warm and enjoy



Establishing boundaries



Rules – who needs them, right? Well, turns out we all do. Clear, unambiguous rules and consequences mean children and young people know what's expected of them, and adults can be consistent in the way they treat younger family members.

Talk about it as a family

Kids need to know what you expect of them so they know what appropriate behaviour looks like. Involving children and young people in setting basic family rules gives everyone more ownership over the process.

As a family, think about the sorts of rules that will help you all get on well together.

Rules don't have to be negative – try framing them as positive statements about how you'll look after and respect each other. These might include things like talking to each other rather than shouting, asking before borrowing things, putting away games and toys after playing with them, or taking turns to wash up after dinner.

Why all the rules?

Providing reasons for why you've made a rule – for example, we need the lights out at this time so you can get enough sleep – helps kids to accept their limits without becoming defensive. It also gives them an understanding of what you expect of them in other similar situations.

As children get older, they can get more involved in the decision-making process, as well as setting the consequences for breaking them. This involvement helps young people take responsibility for their own behaviour.

Establishing consequences

If kids bend or break the rules, give them a clear reminder and a chance to change their behaviour. If they repeatedly ignore these reminders, you might need to bring in the big guns – consequences!

Examples of consequences include:

For younger kids

Withdrawal from the situation (quiet time) – use when behaviour is unsafe or disruptive.

Withdrawal of privileges – use when an activity or toy is being misused or neglected. For example, remove a toy that has been used in an unsafe way.

For older kids

Withdrawal from the situation (grounding) – use when behaviour is unsafe. For example, driving in cars with P-plates who have been drinking.

Withdrawal of privileges – use when an activity or device is being misused or over-used. For example, remove internet access if homework hasn't been done.

Focus on the positives

Providing rewards for positive behaviour is equally important. When kids do what you have asked and meet expectations, be sure to notice it and praise or thank them.

For younger kids, checklists and reward charts can be useful for keeping track of positive behaviour.