

GOWRIE NSW Drummoyne & St Mark's NEWSLETTE

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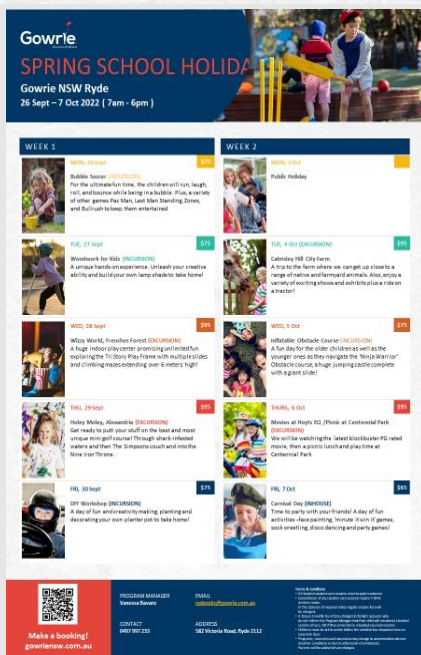
GOWRIE'S Celebration PARTY!

Join us for the celebration of our exceeding results from the assessment and rating day!

We will have a jumping castle, a piñata, face painting, henna and party food!

When: Friday, 23rd of September
Where: St Marks Drummoyne
Time: 3:30pm-5:30pm

RSVP to Gowrie at: 0436 616 744
See you there!!



Gowrie NSW Ryde
26 Sept – 7 Oct 2022 (7am – 6pm)

WEEK 1

- Sept 26-28 Sept**
Bubble Soccer (EXCEEDING)
For the ultimate fun time, the children will run, laugh, yell and cheer while being in a bubble. Plus, wearing of other games like Mar, Last Man Standing, Zines, and Football before they end!
- Sept 27 Sept**
Woodwork for Kids (EXCEEDING)
A unique hands-on experience. Unleash your creative ability and build your own lampshade to take home!
- Sept 28 Sept**
Holey Moley, Wizzy World (EXCEEDING)
A huge indoor play centre, featuring a multi-level play area with slides, tunnels, and a variety of exciting games. It's a must-visit for all ages!
- Sept 29 Sept**
Holey Moley, Wizzy World (EXCEEDING)
Get ready to rock your soul on the best and most unique mini-golf course! Through shark-infested waters and then The Tempestuous and the Stormy Sea.
- Sept 30 Sept**
DIY Workshop (EXCEEDING)
A day of fun and creativity making something and decorating your own planter pot to take home!

WEEK 2

- Sept 30 Sept**
Public Holiday
- Oct 1-3 Oct**
Calmsley Hill City Farm
A trip to the farm where we can get up close to a range of native and farmed animals. Also, enjoy a variety of exciting shows and activities plus a ride on a tractor!
- Oct 4-6 Oct**
Inflatable Obstacle Course (EXCEEDING)
A fun day for the older children as well as the younger ones as they navigate the 'Inflatable Obstacle Course' through various challenges and games with a giant prize!
- Oct 7 Oct**
Movies at Regis 22 (Picnic at Centennial Park) (EXCEEDING)
We will be watching the latest blockbuster PG-rated movie, then a picnic lunch and play time at Centennial Park.
- Oct 7 Oct**
Carnival Day (EXCEEDING)
Time to party with your friends! A day of fun activities, decorating, 'inside' them if games, and everything else that dancing and party games!

Make a booking!
gowriensw.com.au

Gowrie NSW Drummoyne & St Marks Outside School Hours & Vacation Care

7am to 9am & 3.15pm to 6pm
Drummoyne P.S – Tues, Weds & Thurs
St Mark's Catholic – Mon & Fri
Drummoyne P.S – Vacation Care

A Drummoyne Public School
Rawson Avenue, Drummoyne NSW 2047

0436 616 744

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Celebrating our Exceeding results!

Celebration party!

On Friday, 23rd of September – the last day of term!! – we will be hosting a celebration of our recent Exceeding result in our Assessment and Rating at St Marks. We will have a jumping castle and some party food. All children and family attending Gowrie OSHC are welcome to attend. We are looking forward to ending off term 3 with this celebration and seeing all the friendly faces that make up our amazing community.

Spring vacation care:

Our vacation care program is getting booked out quickly. There are plenty of fun and engaging activities planned based on children's choices. For example, the Inflatable Obstacle course, Woodwork incursion, Bubble Soccer, Carnival day and excursions to Holey Moley, Wizzy world, Movies and Centennial Park, Calmsley Hill City Farm etc.

We have few more spots left on the excursions. Our excursions are limited to 60 children so please book early to avoid disappointment. You will need to make bookings via our website: www.gowriensw.com.au. All excursion permission forms need to be signed and returned prior to your child attending.

500 BSC/ASC voucher:

A quick friendly reminder to let you know this is your last chance to redeem your \$500 service NSW voucher. BASC \$500 vouchers will close for parents on 30 September '22. This means if a family has not applied for their child's voucher on/before that date, they'll miss out. These vouchers can be used towards fees for Before, After and Vacation care.

A family who has a Kindy child starting in Jan 2023, can redeem a voucher for their Kindy child to be used next year. New Kindy starters must be enrolled at a registered NSW school for FY23, to be eligible for the voucher.

FIND OUT MORE

To view our programs, make an online booking, or to find out more, please visit our website or scan the QR code below:

<https://www.gowriensw.com.au/out-of-hours-care/drummoyne-and-stmarks>



Visits to our program are always welcome and can be arranged by calling the Program Manager or emailing the centre.

We would love to hear from our families, if you wish to provide feedback, or if you have questions, comments or concerns, please feel free to contact the centre via email, in person or phone.

Program Highlights

Our current team now consists of:

PERMANENT EDUCATORS

Rekha Moda
Program Manager

Amby Davies
Assistant Program Manager

Thin
Educator

Caitlin
Educator

Neelam
Educator

CASUAL EDUCATORS

Jason, Katalina, Lucy, James, Tamara, Sam, Sophie, Rosetta and Robert.



SPRING IS IN THE AIR☺

Spring has sprung, and with it a new and exciting initiative driven by feedback from the children! In recent weeks we have started using the play space on South Street, between Drummoyne and St Marks, on Mondays and Fridays. This has become a highlight of the week for the children, who use the space to do gymnastics, handball, basketball, netball and cricket. We have also been very impressed on how aware the children have been on how to play appropriately in the space and responsible they have been.

This month has been jam-packed with a range of new activities and games for the children to enjoy, as well as the continuation of our OSHC clubs including Gardening, Cooking, Science and Homework.

The children have taken a strong interest in group games this month and playing with children in different years. Group games that have been popular include hockey, oz tag and bullrush! It has been wonderful seeing the children interact with others outside of their usual friend /year group. Another fantastic, child-driven project that we worked on together at the end of August – ahead of Father's Day – was our book "Ain't no bad joke like a Dad Joke!" All the jokes featured in the book were collected by children from both children and staff, and the cover was designed by the children. We hope you all had a chuckle at all the jokes, which ranged from bad to downright awful!

And finally, Gowrie staff had a fantastic time at Drummoyne's Spring Carnival! Over the course of the day, we lost count of how many hands Neelam, our henna specialist, tattooed, but we were so glad to do our bit to help raise money for such a fantastic school.

This month's featured educator



Sophie Starr

Cultural Background: Australian

Languages spoken: English

Qualifications: Studying a Bachelor of Law

Hobbies: spending time with my family and friends, cooking, music, and reading.

What is your favourite part of working at GOWRIE OOSH?

I love getting involved in the games and activities that are planned for the children, and to be able to contribute to a fun and safe play environment.

What is your philosophy in working with children?

To create a kind and loving environment, where children feel safe to express



Reminders and notices

Medical information

If your child suffers from asthma or anaphylaxis under our policy we are required to have an updated ASTHMA action plan and a ANAPHYLAXIS action plan updated every 12 months. We ask that if you have not given our centre an updated action plan to do so promptly

ADDITIONAL EMERGENCY CONTACTS

Any person collecting children from Gowrie OSHC needs to be recorded as an authorised collector/emergency contact on the child's enrolment. Please log into StoryPark Manage: Parent Portal to add an additional emergency contact, providing details of the person's, full name, phone number, relationship to child/ren, home address. This will set them up in the Electronic Sign In/out system and allow them to set up their own individual pin and the phone number. Upon the first collection, the emergency contact will be required to show their ID for security purposes. Parents are kindly asked to send a text or email the centre if an additional emergency contact will be collecting their child that afternoon, so staff know who to expect.

Re enrolment for 2023

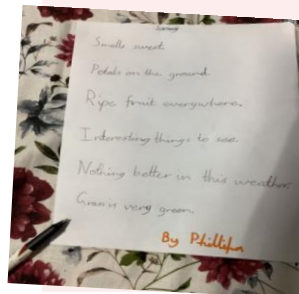
Please make sure you have confirmed your days for next year. They do roll over, but if you are not needing your child to attend any days, please let us know as soon as possible. We have a long waitlist of parents desperate for after school care, so we would really appreciate it if you could give up a spot no longer required.

We would like to take this opportunity to wish all the best for the future to the children starting High School next year and their parents. If this includes your child please make sure you cancel their permanent bookings ASAP prior to school term starting.

VACATION CARE INFORMATION:

- Breakfast is served between 7.30 – 8.15am. If your child arrives after these times, please ensure they eat before they arrive.
- Afternoon tea is provided at the service.
- Please pack a hat, morning tea, lunch, and a refillable water bottle. To ensure food does not spoil, please place cool packs in their lunchboxes.
- Please do NOT pack food with NUTS as we are a nut free zone.
- Children will need to wear sensible, closed in, walking shoes, a top that covers their shoulders and bring a hat, sunscreen, raincoat (on wet days) and a suitable backpack.
- MEDICATION – a Medication form must be completed. The medication container must have the child's name clearly labelled on it and handed to staff on the day.
- EPI PENS and Ventolin need to be handed to staff on the day.
- Children often participate in messy activities so please do not wear their best outfits. Please pack swimmers, towel, and a change of clothes for all days in summer as we may have spontaneous water play.
- Children are NOT permitted to bring mobile phones or other electrical devices. In-expensive toys are permitted; however, Gowrie NSW OSHC will take no responsibility for these items.
- Children are allowed to bring their bikes and scooters to vacation care. Helmets are essential. Roller skates or rollerblades are NOT allowed.

SUSTAINIBILTY CORNER



FINALLY, we are **GARDENING**! Loved those dedicated children who persistently asked when would we'd go to our Garden???... Getting our Garden prepped for SPRING is a lot of hard work with many children contributing to it. Our worms have been hard at work producing their castings to enrich the soil... was happy to dig that into the soil! The children's shriek of excitement echoed for the season we are awaiting. Must admit the enthusiasm is shared by me too... o-o-h we spotted our first show of Spring ahead.. Being a little Dianthus hiding amongst the dried leaves.

We scored some free plants at a Plant Swap in Erskineville... which the children were so excited to plant ... the Nasturtium were first. Children planted in pairs and I loved the team work and confidence they displayed. Amby, the Assistant Program Manager, brought in some succulent cuttings which children planted in the garden beds.

Parents were invited to come in at pick-up and the idea was floated between children & their parent... it's a YES! More in time for Spring.

We had a wonderful poem written about Spring. We read it out loud and the children applauded the author! A poet amongst us who brings much joy! Of course children know the connection of flowers to Spring ... Children found the crepe paper flexible for making flowers. The challenge was to not use sticky tape to form and attach the flower.

Intentional Learning: Problem solving how to shape crepe paper and attach to a paddle pop stick. The parameter is using string instead of sticky tape. Fine motor skills develop with winding and knotting the string.

Sustainability was embedded in our craft activity choices by encouraging children to use egg cartons for spring flowers, recycled boxes for cubby houses, cardboard paper rolls for French knitting. Father's day craft had children making terrarium plants in recycled glass bottles which was very popular and a great idea.

Kids in the kitchen

RASPBERRY & LEMON YOGHURT LOAF



PREP 10 min | COOK 25 -30 min | FEEDS 8

INGREDIENTS

2 cups plain flour
½ cup brown sugar
2 teaspoons baking powder
¾ cup (180ml) vegetable oil
2 eggs
1 cup thick natural yoghurt
1 teaspoon vanilla essence
1 ½ cups of raspberries (fresh or frozen)
1 tablespoon finely grated lemon rind

METHOD:

Preheat oven to 180°C (350°F). In a large mixing bowl sift flour,

sugar and baking powder and make a well in the centre.

Place the oil, eggs, yoghurt and vanilla in a jug and whisk to combine. Pour wet ingredients into dry and mix to combine.

Add raspberries and lemon zest and gently fold to combine.

Pour the mixture into a loaf tin lined with baking paper and bake

for 25-30 minutes or until cooked when tested with a skewer.

Enjoy!

Recipe and Image from 'mylovelylittlelunchbox.com'

Children's voices

I like that we get to do a talent show – Alicia M

Eleanor H- I like playing on the monkey bars when I am at Gowrie

Aodhan P-I like Gowrie OSHC because the staff are very kind and helpful.

Deniz –Gowrie is fun because we get to do cooking.

Flynn- I like to play at Gorwrie OSHC and so like to be picked up late from Gowrie OSHC.

Mikey G:There are so many things to do at Gowrie OSHC!

Gowrie OSHC has so many toys that I like playing with- Heidi C

My favourite thing to do at Gowrie OSHC is to play in the sandpit- Rebecca H

I like making stuff at Gowrie OSHC and playing – Ary S

I like playing with my pokemon cards- Oliver P

I like the Gowrie food sometimes and doing craft- Lola W

FOCUS: Play-based Learning can set your child up for success...

Preschools and schools offer various approaches to early education, all promoting the benefits of their particular programs. One approach gaining momentum in the early years of primary school curriculum is play-based learning. Research shows play-based learning enhances children's academic and developmental learning outcomes. It can also set your child up for success in the 21st century by teaching them relevant skills. What is play-based learning? Children are naturally motivated to play. A play-based program builds on this motivation, using play as a context for learning. In this context, children can explore, experiment, discover and solve problems in imaginative and playful ways. A play-based approach involves both child-initiated and teacher-supported learning. The teacher encourages children's learning and inquiry through interactions that aim to stretch their thinking to higher levels. For example, while children are playing with blocks, a teacher can pose questions that encourage problem solving, prediction and hypothesizing. The teacher can also bring the child's awareness towards mathematics, science and literacy concepts, allowing them to engage with such concepts through hands-on learning.

While further evidence is needed on cause and effect relationships between play and learning, research findings generally support the value of good quality play-based early years programs.

How does it compare to direct instruction? Play-based learning has traditionally been the educational approach implemented by teachers in Australian preschool programs. It underpins state and national government early learning frameworks. Research has shown the long-term benefits of high-quality play-based kindergarten programs, where children are exposed to learning and problem solving through self-initiated activities and teacher guidance. In

contrast to play-based learning are teacher-centred approaches focused on instructing young children in basic academic skills. Although this more structured teaching and learning style is the traditional approach to primary school programs, research is emerging that play-based learning is more effective in primary school programs. In these recent studies, children's learning outcomes are shown to be higher in a play-based program compared to children's learning outcomes in direct-instruction approaches. Research has also identified young children in direct instruction programs can experience negative effects. These include stress, decreased motivation for learning, and behaviour problems. This is particularly so for children who are not yet ready for more formal academic instruction. What can be gained through play-based programs? Teacher-led learning and direct instruction methods have their place in educational contexts. But the evidence also points to the benefits of quality play-based programs for our youngest learners. In play-based programs, time spent in play is seen as important for learning, not as a reward for good behaviour. In such classrooms, children have greater, more active input into what and how they learn. Research shows play-based programs for young children can provide a strong basis for later success at school. They support the development of socially competent learners, able to face challenges and create solutions.

Read the article as a whole at the link below.
Source: Martinko, Katherine (2019, April 8).
Play-based learning can set your child up for success at Retrieved from
<https://theconversation.com/play-based-learning-can-setyour-child-up-for-success-at-school-and-beyond-91393>