



## **TUNING INTO KIDS**

### **Emotionally Intelligent Parenting**

Would you like to learn how to:

- improve communication and connection with your child?
- better understand your child?
- help your child and yourself learn to recognise and manage your emotions?

Tuning in to Kids shows you how to help your child develop emotional intelligence. Children with higher emotional intelligence:

- have greater success with making and keeping friends
- are more likely to feel closer to their parents and willing to share their emotions
- are more resilient
- have better concentration at school
- can easier regulate their emotions

**Suitable for parents/carers of children aged 2-12 years**

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**When:** 10am-12pm, 18 Oct – 22 Nov, 2022 Tuesdays  
**Where:** Mission Australia. Level 1, 1 Coronation St. Hornsby 2077  
**To register** [northernsydneysservices@missionaustralia.com.au](mailto:northernsydneysservices@missionaustralia.com.au) or  
**please contact:** [dominguezs@missionaustralia.com.au](mailto:dominguezs@missionaustralia.com.au)

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**For more Info, contact us!**

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