



SAVING LIVES!

FREE CPR & FIRST AID TRAINING



CPR INFORMATION & FIRST AID MINI DEMONSTRATION SESSIONS PRESENTED BY ST JOHNS AMBULANCE AND STROKESAFE

thanks to

*Sponsorship from Willoughby City Council;
Support from Northbridge Golf Club; and
Co-ordination by the Rotary Club of Northbridge*

Learn how to quickly & knowledgeably respond to heart attack and cardiac arrest (including use of defibrillators), stroke, household burns, bleeding & head trauma.

2.5 hour mini demonstration sessions
@ Northbridge Golf Club, 296C Sailors Bay Road, Northbridge 2063

CHOOSE A SESSION
(ALL 10.00AM-12.30PM)

Fri 14 Oct 2022
Mon 24 Oct 2022

Tue 8 Nov 2022
Mon 28 Nov 2022

Sat 3 Dec 2022
Tue 6 Dec 2022

No prequalification needed, although all participants need to be over 18 years of age
Registration is necessary as attendance is limited to 24 per class.
Registration is available at <https://www.trybooking.com/CCTRR>



Any enquiries please email community@northbridgerotary.com.au

Light refreshments will be served after each session
Please note this training is a community service and will not provide accreditation for employment or other purposes