

Wondering about Wees 2023

A free parent information workshop.

Wondering about Wees is a community-based information workshop for groups of parents and carers who have children aged five to 15 years with bladder difficulties including:

- frequency
- urgency
- withholding
- day wetting
- night wetting.

The workshop provides information about:

- normal bladder habits
- diaries
- scheduling/routines
- bedwetting alarms
- dietary/fluid intake
- medication advice
- behavioural advice.

Wondering about wees dates and times

Time: 9:30am to 12.30pm

Face to face workshops (adults only)

Friday, 17th February 2023

Friday, 12th May 2023

Friday, 11th August 2023

Friday, 27th October 2023

Location: Nambour Child and Family Health

Centre, 5 Waterfall Road, NAMBOUR Undercover parking available

Telehealth/Online workshops

Friday 17th March 2023

Friday 2nd June 2023

Friday 8th September 2023

Friday 24th November 2023



To book contact Child Health Access

5319 4824

NB: There is no child care available.