



REAL Schools Program

REAL Schools is a school-based program that introduces Indigenous students to the work of the Korin Gamadji Institute.

Within this program, students will learn about the Richmond Emerging Aboriginal Leadership (REAL) program, including an introduction to the three key pillars of the program: Leadership, Social and Emotional Wellbeing, and Culture.

This interactive program includes cultural games, content from Richmond Football Club Indigenous players and practical social and emotional wellbeing exercises.

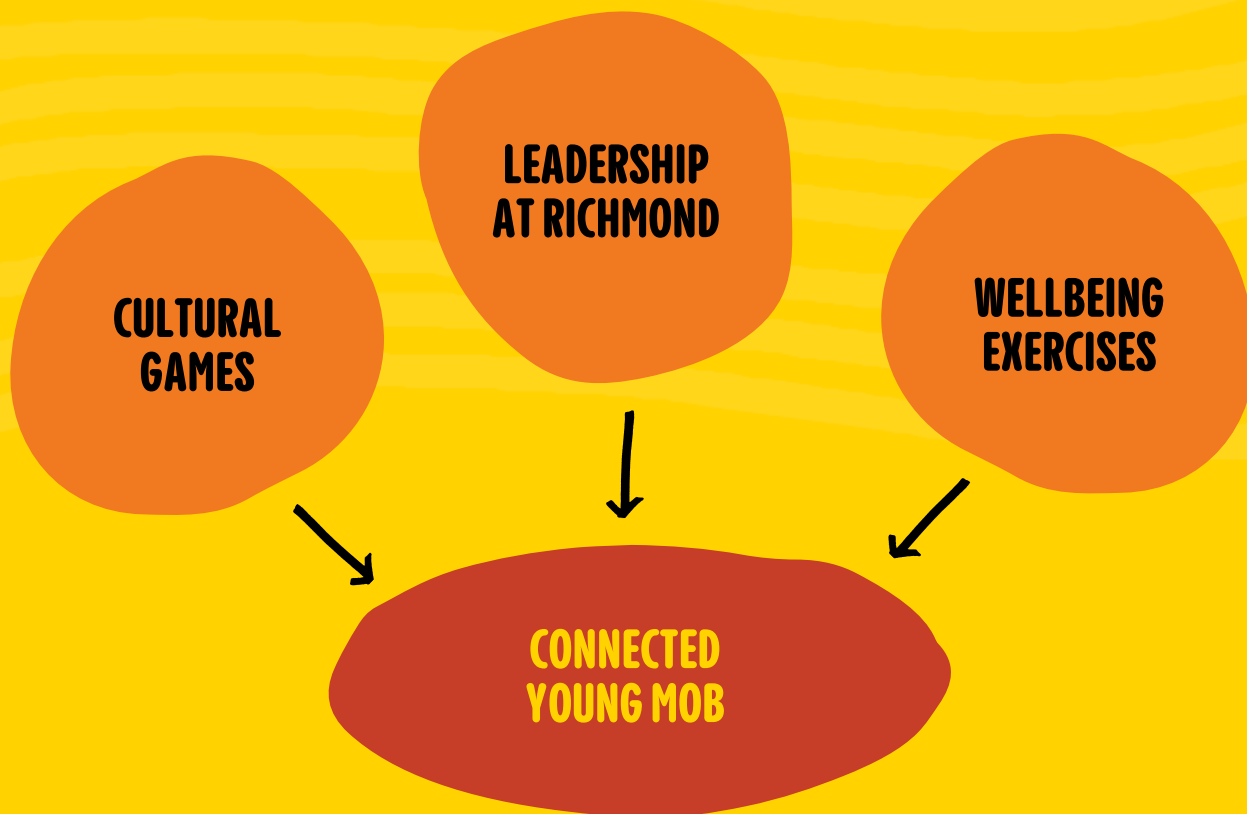
At the end of the session, students will find out how to enrol in the REAL programs and stay connected with the KGI Team.

Resources: Space to play a game (indoor or outdoor) and access to IT equipment (laptop, projector)

Cost: Free

Age: Program is suitable for students from Years 7–12

Length: 1.5 hours



In 2023, the KGI will be delivering the REAL Schools program in the following regions:

- Mildura
- Albury/Wodonga
- Shepperton
- Echuca
- Melbourne

To book a REAL Schools program, educators can register interest via our website.

Places are limited. Successful schools will be contacted to arrange a date and time for the program.

How to get involved

KGI Programs

Register online through kgi.org.au

If your application is successful, a member of the KGI team will contact you and we will send you a confirmation email.

KGI Events

If you would like to keep informed of KGI events, or find out more email info@kgi.org.au or go to kgi.org.au.





REAL Program

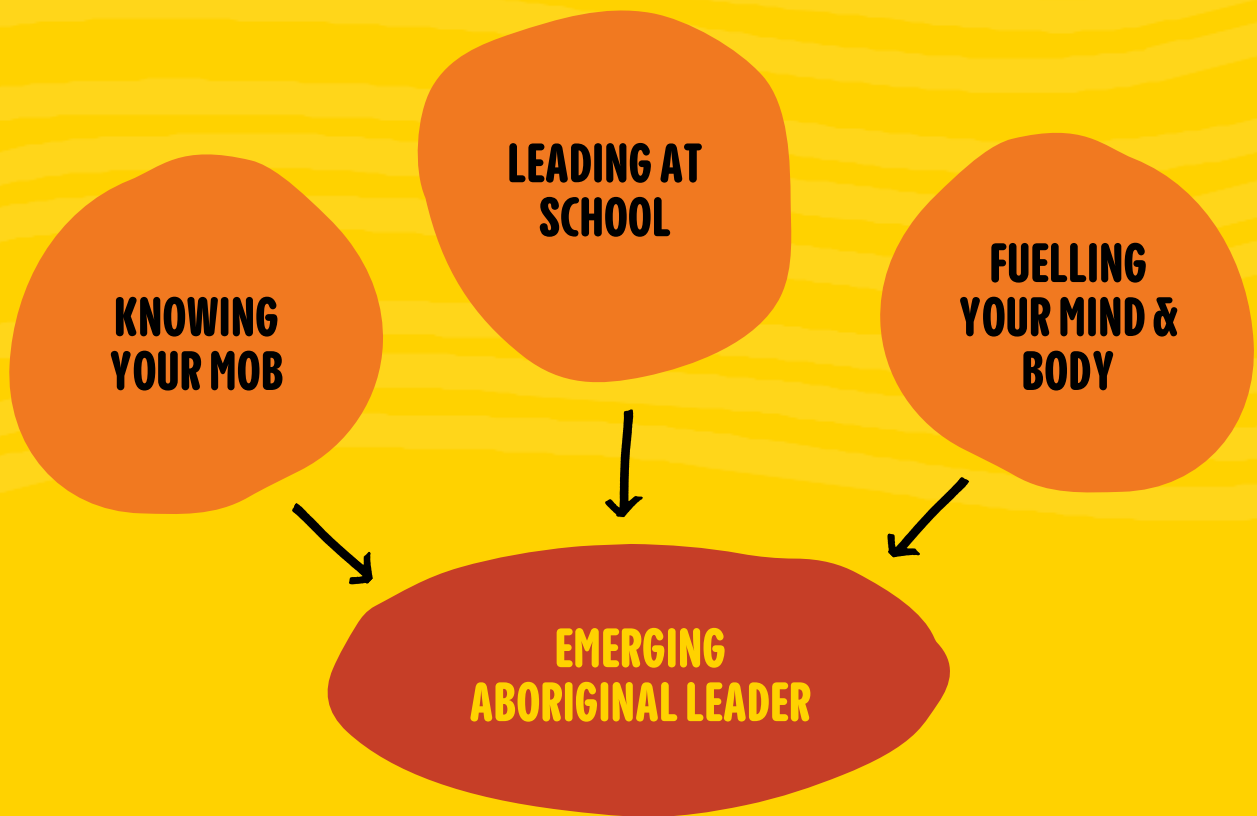
Years 7 & 8

Our Year 7 & 8 program is the first stage in the Richmond Emerging Aboriginal Leadership Journey. This 1-day, non-residential program welcomes participants to the KGI team and introduces participants to the three key pillars of the REAL program.

Our Year 7 & 8 program includes workshops that explore:

- Exploring foundations needed to become an Indigenous leader within your school
- Growing your identity through community connections
- The importance of sleep and good nutrition on wellbeing

An important part of this program is connecting with other young Indigenous mob and having heaps of fun. In our Year 7 & 8 program participants will learn some of the classic KGI games and will participate in team-building sports.



2023 Details

Program dates
Richmond Football Club
Fri 22 Sep

Registration is open to all young people who identify as Aboriginal and/or Torres Strait Islander and are completing Year 7 or Year 8 in 2023.

Program numbers are limited and successful applicants will be notified 4 weeks prior to the commencement of the program.

All program costs are covered by KGI including a gear pack.

KGI is a place of safety and welcomes all young people, regardless of their sexuality, gender or ability.

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REAL Program Years 9 & 10

This is the second stage in the Richmond Emerging Aboriginal Leadership journey. As well as expanding participants understanding of the three key pillars of the REAL program, this 4-day residential program has a special focus on Women's Business and Men's Business.

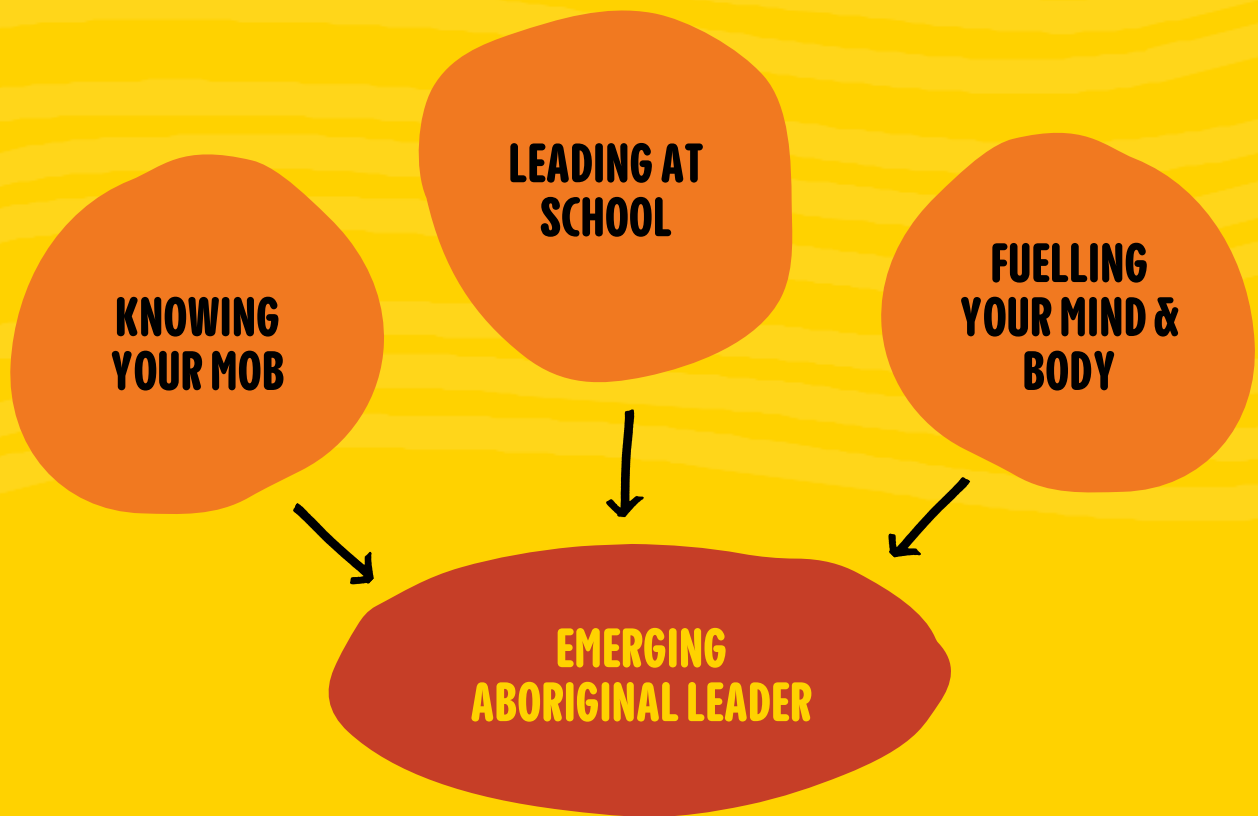
We offer two separate programs:

- **Tiddas program** is for young Indigenous people who identify as female
- **Young Fellas program** is for young Indigenous people who identify as male

Both programs will be facilitated at separate locations as an 'On Country' experience.

Each program includes workshops that explore:

- Self-confidence and self-awareness
- Mindfulness
- Expressing culture through art, dance and song



2023 Details

Program dates
Richmond Football Club
Mon 26 – Thu 29 Jun

Registration is open to all young people who identify as Aboriginal and/or Torres Strait Islander and are completing Year 9 or Year 10 in 2023.

Program numbers are limited and successful applicants will be notified 4 weeks prior to the commencement of the program.

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REAL Program Years 11 & 12

This is the third stage in the Richmond Emerging Aboriginal Leadership journey. This 4-day residential program expands participants' understanding of the three key pillars of the REAL program.

Our Year 11 & 12 program includes workshops that explore:

- Being a young leader within your community
- Looking out for other mob
- Your rights and responsibilities as a young First Nation's person

This program is held in Melbourne with participants based primarily at the Richmond Football Club. Participants stay at Club approved accommodation within the Richmond precinct. Supervision is provided by KGI staff. All meals and equipment are provided.



2023 Details

Program dates
Richmond Football Club
Mon 17 – Thu 20 Apr

Registration is open to all young people who identify as Aboriginal and/or Torres Strait Islander and are completing Year 11 or Year 12 in 2023.

Program numbers are limited and successful applicants will be notified 4 weeks prior to the commencement of the program.

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The Gamadji Program (18–25)

The Gamadji Program is an extension of the REAL Program. Designed specifically for Indigenous youth aged 18–25, this program delivers a range of professional experiences over a 12-month period. As an Ambassador of the Korin Gamadji Institute, the young people will have the opportunity to attend a range of Richmond Football Club events.

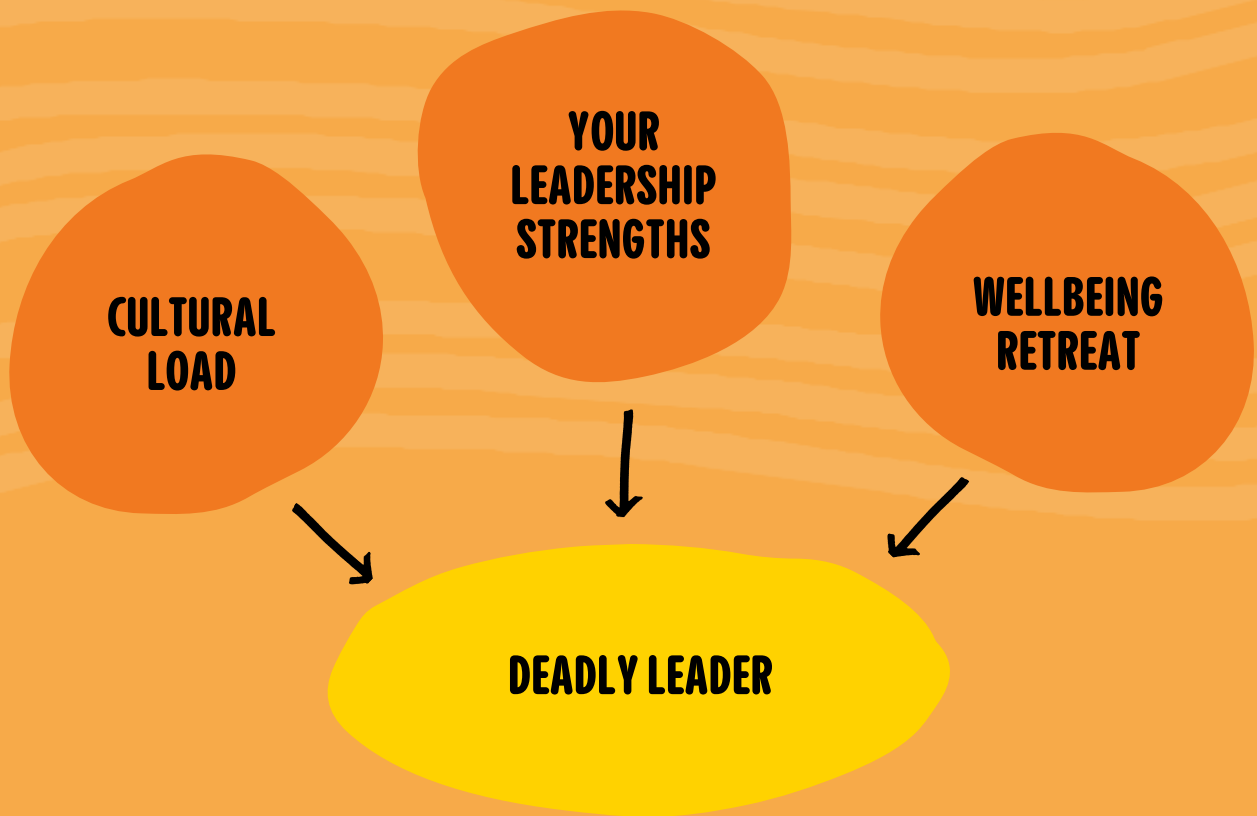
At the end of the year, participants travel to Lutruwita (Tasmania) to attend a 4-day cultural retreat where they will complete the Wukalina Walk wukalinawalk.com.au.

The Gamadji Program includes:

- Media training with the RichmondFootball Club
- Mental health first aid training
- Leadership workshops with Kesh Sharma

Selection

Applicants are required to complete the nomination form on the KGI website, answering key questions about why they would like to participate in the program, and what they hope to learn. Successful applicants will be shortlisted for an interview.



Benefits

The Ambassadors will have the opportunity to work directly with KGI staff and other key stakeholders, creating an important professional network across the industry. Other benefits of the program include:

- Payment of an honorarium for participating in the program
- Opportunities for personal and professional development, including mentoring from KGI and Richmond Football Club staff
- A place on the Leadership Retreat on Palawa Country in Tasmania

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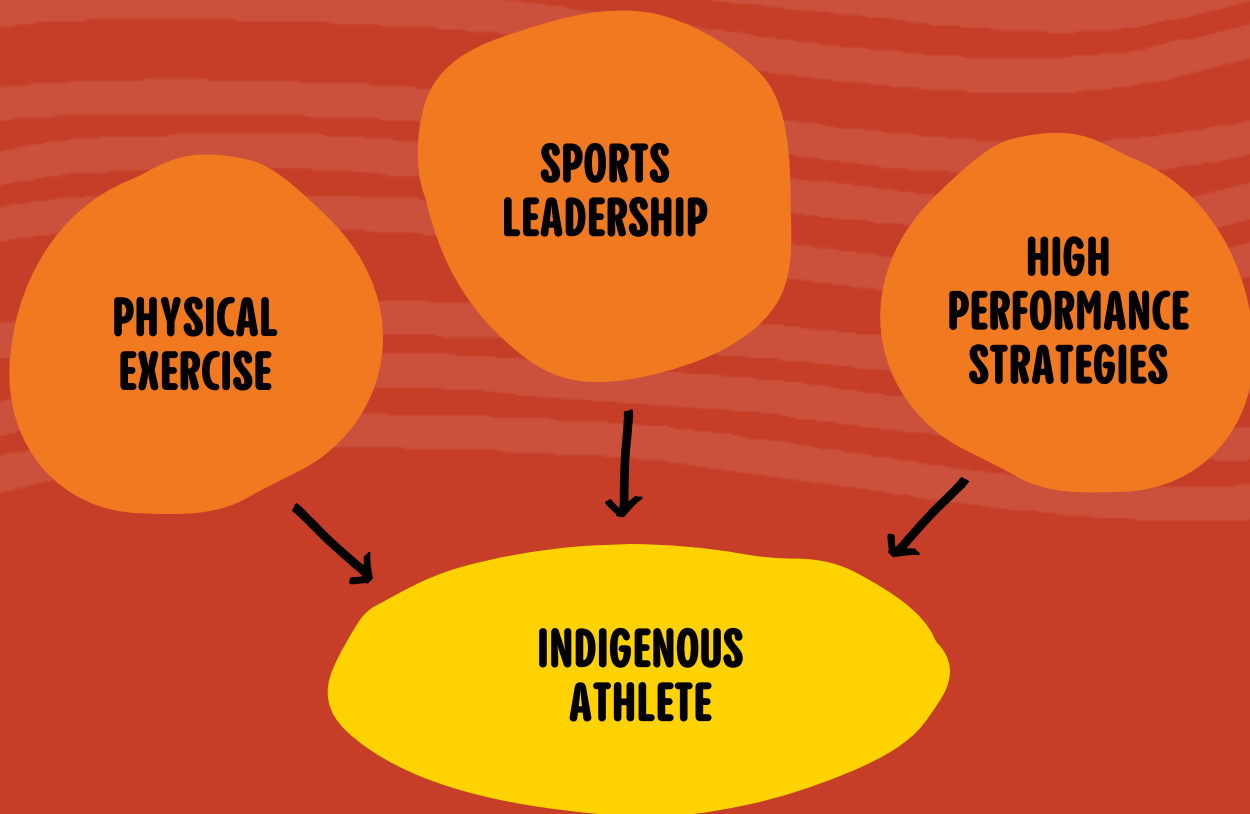
KGI Sports Development Program (Years 9 – 12)

The Sport Development is an introduction into professional-level training for Indigenous youth in Years 9-12. This program is designed for young athletes who are actively engaged in any school-based or club-level competitive sport.

Delivered in the regions of Mildura, Shepperton/Echuca, Albury/Wodonga and Melbourne throughout Term 1, the program includes physical exercise, sports leadership, and high performance social and emotional wellbeing strategies.

In Term 4, the athletes experience a pre-season program delivered at the Richmond Football Club that exposes them to a typical week in the life of a professional athlete.

Athletes stay at Club approved accommodation within the Richmond Precinct and all meals and equipment are provided by KGI. The program is supervised by KGI Indigenous staff and activities are supervised by elite-level trainers and educators from the Richmond Institute of Sports Leadership.



2023 Details

Development Sessions

- Albury/Wodonga – February
- Shepparton/Echuca – February
- Mildura – March
- Melbourne - April

Pre-season Program
December

Program numbers are limited and successful applicants will be notified 4 weeks prior to the commencement of the program.

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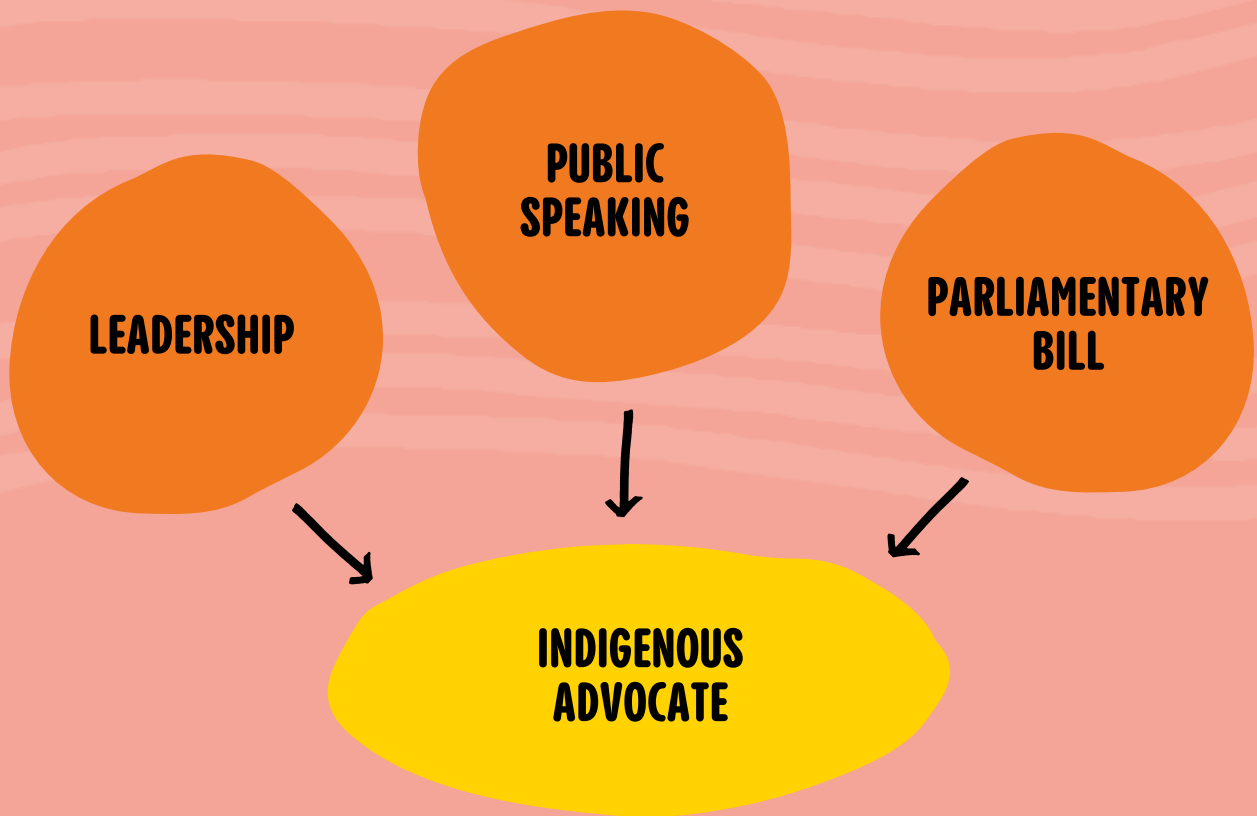
KGI Youth Parliament Program (16 - 25)

The Youth Parliament is a program facilitated by the YMCA and gives young people the opportunity to be heard at the highest levels of the Victorian Government.

Each year, KGI enters a youth parliament team who are managed and mentored by a KGI staff member.

Over a 6-month period the team is provided with training in public speaking and leadership. Each team then chooses an issue of importance and drafts a Bill that will be debated within the parliamentary chambers. Bills passed by the Youth Parliament and approved by the Youth Governor are then passed onto the State Government for consideration.





2023 Details

Training Camp
Lake Dewar Discovery Camp
Fri 26 – Sun 28 May

Parliamentary Sitting Week
Lake Dewar Discovery Camp &
Parliament House
Sun 25 – Fri 30 Jun

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