



ZIG ZAG PUBLIC SCHOOL

HEAD LICE

Dear Parents

Head lice are a very common problem that most parents and teachers are more than familiar with. If your child has head lice here are some treatment tips:

- Do not treat your child if their scalp is irritated or inflamed
- Always read the head lice product label and directions before you apply it to your child's head. Products can be found in local chemists
- Apply the head lice product to every strand of your child's hair and work through, leave for 20 minutes, and comb out with a good quality lice comb
- Check your child's head and if dead lice are found, the product has worked. However make sure you re-treat your child's head in seven days to catch nymphs that have emerged from unhatched eggs
- Reduce the risk of your child catching head lice by tying their hair back or braiding it.

For more information visit:

www.health.nsw.gov.au/publichealth/environment/headlice/treatment.asp

Thankyou for your assistance

Vicki Gillmore
Principal