

## ROBINA INTERHOUSE CROSS COUNTRY

### **Friday 21<sup>st</sup> April 2023**

Our school Cross Country will be held on Friday 21<sup>st</sup> April on the school grounds. All students are to participate, so please provide a note to your child's teacher if they are unable due to illness or injury. The children should come to school dressed in sports uniform (house shirt if possible - available from our Uniform Shop) with appropriate running shoes, named hat and named water bottle.

**Parents are welcome to attend. Please be mindful of the running track and stand clear of any roped off areas, particularly the finish area and the area between the mini oval and the oval.**

The top six 10-12yrs place-winners will qualify for District Cross Country on Wednesday 10<sup>th</sup> May.

Please see the program below for your child's race time and approximate running distance.

#### **MORNING SESSION Year 4-6**

9:05am	Students assemble on the oval, seated in their house areas. Teachers move to official positions.	
9:20am	Girls Born 2014 (9 Yrs)(*excluding 9yo Yr 3s)	1.1km
9:30am	Boys Born 2014 (9 Yrs)(*excluding 9yo Yr 3s)	
9:40am	Girls Born 2013 (10 Yrs)	1.6km
9:50am	Boys Born 2013 (10 Yrs )	
10:00am	Girls Born 2012 (11 Yrs )	2.6km
10:15am	Boys Born 2012 (11 Yrs )	
10:30am	Girls Born 2011 (12 Yrs )	
10:40am	Boys Born 2011 (12 Yrs )	

#### **MIDDLE SESSION Prep-3**

11:45am	Students assemble on the oval, seated in their house areas. Teachers move to official positions.	
12:00am	Prep Girls	250m
12:05pm	Prep Boys	
12:10pm	Yr 1 Girls	550m
12:15pm	Yr 1 Boys	
12:20pm	Yr 2 Girls	
12:30pm	Yr 2 Boys	
12:40pm	Yr 3 Girls (*including 9yo Yr 3s)	1100m
12:50pm	Yr 3 Boys (*including 9yo Yr 3s)	

2:40pm - PRESENTATIONS in the CPAC. Parents welcome.

We're looking forward to a great day! Hope to see you there!