



THE REAL FOOD CANTEEN

Week 7, Term 2 Friday 14th June, 2019



Canteen is a fun way to meet other school parents and get involved in our community. If you would like to volunteer to join our team in the canteen on Fridays 9.30-12.30 please contact us via the SPS Canteen Facebook page or email Lorissa (lorissasavary@live.com.au).

Term 2		Manager				Shopping	
Week 7	14 th June	Ros	Vicky	Nicola	Carrie R	Ros	Sausage Rolls (Spinach option)
Week 8	21 st June	Bek	Narelle	Maimiti	Ella C	Jules	Hamburgers (Vegetarian option)
Week 9	28 th June	Lorissa	Rachel H	Peta	Lisa	Belinda	Chicken Noodle or Tomato Veggie Soup

ORDERS & MONEY DUE INTO THE BASKET IN THE FRONT OFFICE BY 3.30 WEDNESDAY PLEASE - NO LATE ORDERS WILL BE ACCEPTED.

PLEASE NOTE: Just in case your child can't choose, we are happy to offer a mix of vegetarian AND meat option this week. Please circle BOTH options if your child wishes to have a combination equivalent to one order.

Student Name:	Student Name:	Student Name:
Teacher Name:	Teacher Name:	Teacher Name:
Dietary Requirements:	Dietary Requirements:	Dietary Requirements:
Chicken Sausage Rolls Chicken mince with onions, garlic, herb seasoning, grated carrot & zucchini baked in puff pastry. Optional Extras (please circle) Tomato Sauce BBQ Sauce GF/DF PASTRY \$5.00ea QTY <input type="text"/>	Chicken Sausage Rolls Chicken mince with onions, garlic, herb seasoning, grated carrot & zucchini baked in puff pastry. Optional Extras (please circle) Tomato Sauce BBQ Sauce GF/DF PASTRY \$5.00ea QTY <input type="text"/>	Chicken Sausage Rolls Chicken mince with onions, garlic, herb seasoning, grated carrot & zucchini baked in puff pastry. Optional Extras (please circle) Tomato Sauce BBQ Sauce GF/DF PASTRY \$5.00ea QTY <input type="text"/>
VEGETARIAN Spinach & Ricotta Rolls Ricotta & parmesan cheese, spinach, garlic, lemon juice & nutmeg baked in puff pastry. Optional Extras (please circle) Tomato Sauce BBQ Sauce GF PASTRY \$5.00ea QTY <input type="text"/>	VEGETARIAN Spinach & Ricotta Rolls Ricotta & parmesan cheese, spinach, garlic, lemon juice & nutmeg baked in puff pastry. Optional Extras (please circle) Tomato Sauce BBQ Sauce GF PASTRY \$5.00ea QTY <input type="text"/>	VEGETARIAN Spinach & Ricotta Rolls Ricotta & parmesan cheese, spinach, garlic, lemon juice & nutmeg baked in puff pastry. Optional Extras (please circle) Tomato Sauce BBQ Sauce GF PASTRY \$5.00ea QTY <input type="text"/>
Toasted Sandwich Options (please circle) Ham Cheese Tomato GF Bread DF Cheese \$3.00ea QTY <input type="text"/>	Toasted Sandwich Options (please circle) Ham Cheese Tomato GF Bread DF Cheese \$3.00ea QTY <input type="text"/>	Toasted Sandwich Options (please circle) Ham Cheese Tomato GF Bread DF Cheese \$3.00ea QTY <input type="text"/>
Drinks \$1.00ea QTY	Drinks \$1.00ea QTY	Drinks \$1.00ea QTY
Sparkling Spring Water GFDF	Sparkling Spring Water GFDF	Sparkling Spring Water GFDF
Apple Juice GFDF	Apple Juice GFDF	Apple Juice GFDF
Orange Juice GFDF	Orange Juice GFDF	Orange Juice GFDF
Plain Milk GF	Plain Milk GF	Plain Milk GF
Chocolate Milk	Chocolate Milk	Chocolate Milk
Strawberry Milk	Strawberry Milk	Strawberry Milk

In the interest of the environment, if you use a ziplock back, please write your child's name and class on it and we will return it for your next order.