

# The simplest way

... to make no bake cookies

**Prep time:** 10 mins

**Cooking time:** 0 mins

**Makes:** 12

## Ingredients

1 cup pitted dates

½ cup raisins

1 cup quick oats

½ cup shredded coconut & ½ cup for rolling

½ cup sunflower seeds



## Method

Place the dates, raisins, oats and ½ cup coconut into a food processor. Process until mixture lifts away from the edges of the bowl. Remove from the processor and mix through the sunflower seeds. Roll into a log and slice into 12 even pieces. Shape into cookies and roll in the remaining coconut.

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