



# THE REAL FOOD CANTEEN

Week 3, Term 1 Friday 14<sup>th</sup> February, 2019



Canteen is a fun way to meet other school parents and get involved in our community.  
 If you would like to volunteer to join our team in the canteen on Fridays 9.30-12.30 please contact us via the SPS Canteen Facebook page or email Lorissa ([lorissasavary@live.com.au](mailto:lorissasavary@live.com.au)).

Term 1		Manager					Shopping	
Week 3	14 <sup>th</sup> February	Bek	Lee	Jade	Sophie B		Belinda	Nachos (Vegetarian)
Week 4	21 <sup>st</sup> February	Linda	Rachel H	Ruth	Johanna	Suzie B	Linda	Bolognese Pasta Bake (Vegetarian Option)
Week 5	28 <sup>th</sup> February	Vicky	Ros	Narelle	Emily V	Sam U	Belinda	Sausage Rolls or Spinach & Feta Rolls
Week 6	6 <sup>th</sup> March	Bek	Lorissa	Shannon	Lee		Bek/Vicky	Schnitzel Burgers (Vegetarian Option)

**ORDERS & MONEY DUE INTO THE BASKET IN THE FRONT OFFICE BY 3.30 WEDNESDAY PLEASE - NO LATE ORDERS WILL BE ACCEPTED.**

<b>Student Name:</b>	<b>Student Name:</b>	<b>Student Name:</b>
<b>Teacher Name:</b>	<b>Teacher Name:</b>	<b>Teacher Name:</b>
Dietary Requirements:	Dietary Requirements:	Dietary Requirements:
<b>Nachos (Vegetarian &amp; Gluten Free)</b> Corn chips with Tomato & Bean Salsa (tomato, red kidney beans, onion, garlic) & cheese  <b>Optional Extras (please circle)</b> Guacamole    Sour Cream    Coriander & Tomato Salsa  DF Cheese  <b>\$5.00ea</b> QTY <input type="text"/>	<b>Nachos (Vegetarian &amp; Gluten Free)</b> Corn chips with Tomato & Bean Salsa (tomato, red kidney beans, onion, garlic) & cheese  <b>Optional Extras (please circle)</b> Guacamole    Sour Cream    Coriander & Tomato Salsa  DF Cheese  <b>\$5.00ea</b> QTY <input type="text"/>	<b>Nachos (Vegetarian &amp; Gluten Free)</b> Corn chips with Tomato & Bean Salsa (tomato, red kidney beans, onion, garlic) & cheese  <b>Optional Extras (please circle)</b> Guacamole    Sour Cream    Coriander & Tomato Salsa  DF Cheese  <b>\$5.00ea</b> QTY <input type="text"/>
<b>Toasted Sandwich</b> <b>Options (please circle)</b> Ham    Cheese    Tomato GF Bread    DF Cheese  <b>\$3.00ea</b> QTY <input type="text"/>	<b>Toasted Sandwich</b> <b>Options (please circle)</b> Ham    Cheese    Tomato GF Bread    DF Cheese  <b>\$3.00ea</b> QTY <input type="text"/>	<b>Toasted Sandwich</b> <b>Options (please circle)</b> Ham    Cheese    Tomato GF Bread    DF Cheese  <b>\$3.00ea</b> QTY <input type="text"/>
<b>Drinks \$1.00ea</b> QTY <input type="text"/>	<b>Drinks \$1.00ea</b> QTY <input type="text"/>	<b>Drinks \$1.00ea</b> QTY <input type="text"/>
Sparkling Spring Water    GFDF <input type="text"/>	Sparkling Spring Water    GFDF <input type="text"/>	Sparkling Spring Water    GFDF <input type="text"/>
Apple Juice    GFDF <input type="text"/>	Apple Juice    GFDF <input type="text"/>	Apple Juice    GFDF <input type="text"/>
Orange Juice    GFDF <input type="text"/>	Orange Juice    GFDF <input type="text"/>	Orange Juice    GFDF <input type="text"/>
Plain Milk    GF <input type="text"/>	Plain Milk    GF <input type="text"/>	Plain Milk    GF <input type="text"/>
Chocolate Milk <input type="text"/>	Chocolate Milk <input type="text"/>	Chocolate Milk <input type="text"/>
Strawberry Milk <input type="text"/>	Strawberry Milk <input type="text"/>	Strawberry Milk <input type="text"/>

In the interest of the environment, if you use a ziplock back, please write your child's name and class on it and we will return it for your next order.