



THE REAL FOOD CANTEEN

Week 6, Term 1 Friday 6th March, 2019



Canteen is a fun way to meet other school parents and get involved in our community. If you would like to volunteer to join our team in the canteen on Fridays 9.30-12.30 please contact us via the SPS Canteen Facebook page or email Lorissa (lorissasavary@live.com.au).

| Term 1 | | Manager | | | | | Shopping | |
|--------|------------------------|-------------------------------|----------|---------|-------|---------|-----------|-----------------------------|
| Week 6 | 6 th March | Bek | Lorissa | Shannon | Lee | Katie C | Bek/Vicky | Schnitzel or Haloumi Burger |
| Week 7 | 13 th March | Vicky | Lee | Emma W | Jen T | | Linda | Lamb Kofte or Falafel Wrap |
| Week 8 | 20 th March | Bek | Carrie R | Suzie B | Lee | Jess G | Bek | Hamburgers (Veg Option) |
| Week 9 | 27 th March | NO CANTEEN – FAIR WEEK | | | | | | |

ORDERS & MONEY DUE INTO THE BASKET IN THE FRONT OFFICE BY 3.30 WEDNESDAY PLEASE - NO LATE ORDERS WILL BE ACCEPTED.

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| Student Name: | Student Name: | Student Name: |
| Teacher Name: | Teacher Name: | Teacher Name: |
| Dietary Requirements: | Dietary Requirements: | Dietary Requirements: |
| Chicken Schnitzel Burger Chicken Breast Fillet coated in milk & breadcrumbs served on a roll with optional extras. <i>(GF and/or DF option coated in milk/soy milk & rice flour/flour).</i> Optional Extras (please circle) Mayonnaise Tomato Lettuce GF DF \$5.00ea QTY <input type="text"/> | Chicken Schnitzel Burger Chicken Breast Fillet coated in milk & breadcrumbs served on a roll with optional extras. <i>(GF and/or DF option coated in milk/soy milk & rice flour/flour).</i> Optional Extras (please circle) Mayonnaise Tomato Lettuce GF DF \$5.00ea QTY <input type="text"/> | Chicken Schnitzel Burger Chicken Breast Fillet coated in milk & breadcrumbs served on a roll with optional extras. <i>(GF and/or DF option coated in milk/soy milk & rice flour/flour).</i> Optional Extras (please circle) Mayonnaise Tomato Lettuce GF DF \$5.00ea QTY <input type="text"/> |
| Haloumi Burger – NO DF AVAILABLE Haloumi served on a burger bun with optional extras. Optional Extras (please circle) Mayonnaise Tomato Lettuce GF \$5.00ea QTY <input type="text"/> | Haloumi Burger – NO DF AVAILABLE Haloumi served on a burger bun with optional extras. Optional Extras (please circle) Mayonnaise Tomato Lettuce GF \$5.00ea QTY <input type="text"/> | Haloumi Burger – NO DF AVAILABLE Haloumi served on a burger bun with optional extras. Optional Extras (please circle) Mayonnaise Tomato Lettuce GF \$5.00ea QTY <input type="text"/> |
| Toasted Sandwich Options (please circle) Ham Cheese Tomato GF Bread DF Cheese \$3.00ea QTY <input type="text"/> | Toasted Sandwich Options (please circle) Ham Cheese Tomato GF Bread DF Cheese \$3.00ea QTY <input type="text"/> | Toasted Sandwich Options (please circle) Ham Cheese Tomato GF Bread DF Cheese \$3.00ea QTY <input type="text"/> |
| Drinks \$1.00ea QTY | Drinks \$1.00ea QTY | Drinks \$1.00ea QTY |
| Sparkling Spring Water GFDF <input type="text"/> | Sparkling Spring Water GFDF <input type="text"/> | Sparkling Spring Water GFDF <input type="text"/> |
| Apple Juice GFDF <input type="text"/> | Apple Juice GFDF <input type="text"/> | Apple Juice GFDF <input type="text"/> |
| Orange Juice GFDF <input type="text"/> | Orange Juice GFDF <input type="text"/> | Orange Juice GFDF <input type="text"/> |
| Plain Milk GF <input type="text"/> | Plain Milk GF <input type="text"/> | Plain Milk GF <input type="text"/> |
| Chocolate Milk <input type="text"/> | Chocolate Milk <input type="text"/> | Chocolate Milk <input type="text"/> |
| Strawberry Milk <input type="text"/> | Strawberry Milk <input type="text"/> | Strawberry Milk <input type="text"/> |

In the interest of the environment, if you use a ziplock back, please write your child's name and class on it and we will return it for your next order.