



# THE REAL FOOD CANTEEN

Week 7, Term 1 Friday 13<sup>th</sup> March, 2019



Canteen is a fun way to meet other school parents and get involved in our community. If you would like to volunteer to join our team in the canteen on Fridays 9.30-12.30 please contact us via the SPS Canteen Facebook page or email Lorissa ([lorissasavary@live.com.au](mailto:lorissasavary@live.com.au)).

Term 1		Manager					
Week 7	13 <sup>th</sup> March	Lorissa	Lee	Emma W	Jen T	Sophie B	Jacket Potatoes (Vegetarian Option)
Week 8	20 <sup>th</sup> March	Bek	Carrie R	Suzie B	Lee	Jess G	Hamburgers or Veggie Burger
Week 9	27 <sup>th</sup> March	NO CANTEEN – FAIR WEEK					
Week 10	3 <sup>rd</sup> April	Lorissa	Shannon	Katie	Rachel		Hotdogs or Veggie Dogs

**ORDERS & MONEY DUE INTO THE BASKET IN THE FRONT OFFICE BY 3.30 WEDNESDAY PLEASE - NO LATE ORDERS WILL BE ACCEPTED.**

<b>Student Name:</b>	<b>Student Name:</b>	<b>Student Name:</b>
<b>Teacher Name:</b>	<b>Teacher Name:</b>	<b>Teacher Name:</b>
Dietary Requirements:	Dietary Requirements:	Dietary Requirements:
<b>Jacket Potato – GLUTEN FREE</b> Whole jacket potato topped with optional extras.  <b>Optional Extras (please circle)</b> Sour Cream      Cheese      Bacon  Fresh Tomato & Basil Salsa      Pineapple  DF Cheese  <b>\$5.00ea</b> QTY	<b>Jacket Potato – GLUTEN FREE</b> Whole jacket potato topped with optional extras.  <b>Optional Extras (please circle)</b> Sour Cream      Cheese      Bacon  Fresh Tomato & Basil Salsa      Pineapple  DF Cheese  <b>\$5.00ea</b> QTY	<b>Jacket Potato – GLUTEN FREE</b> Whole jacket potato topped with optional extras.  <b>Optional Extras (please circle)</b> Sour Cream      Cheese      Bacon  Fresh Tomato & Basil Salsa      Pineapple  DF Cheese  <b>\$5.00ea</b> QTY
<b>Toasted Sandwich</b> <b>Options (please circle)</b> Ham      Cheese      Tomato GF Bread      DF Cheese <b>\$3.00ea</b> QTY	<b>Toasted Sandwich</b> <b>Options (please circle)</b> Ham      Cheese      Tomato GF Bread      DF Cheese <b>\$3.00ea</b> QTY	<b>Toasted Sandwich</b> <b>Options (please circle)</b> Ham      Cheese      Tomato GF Bread      DF Cheese <b>\$3.00ea</b> QTY
<b>Drinks \$1.00ea</b> QTY	<b>Drinks \$1.00ea</b> QTY	<b>Drinks \$1.00ea</b> QTY
Sparkling Spring Water      GFDF	Sparkling Spring Water      GFDF	Sparkling Spring Water      GFDF
Apple Juice      GFDF	Apple Juice      GFDF	Apple Juice      GFDF
Orange Juice      GFDF	Orange Juice      GFDF	Orange Juice      GFDF
Plain Milk      GF	Plain Milk      GF	Plain Milk      GF
Chocolate Milk	Chocolate Milk	Chocolate Milk
Strawberry Milk	Strawberry Milk	Strawberry Milk

In the interest of the environment, if you use a ziplock back, please write your child's name and class on it and we will return it for your next order.