

# The simplest way

... to choosing a SunSmart hat

SunSmart hats such as a bucket, broad-brimmed or legionnaire styles are best.

A SunSmart hat not only protects the face, head, neck and ears, but can reduce the amount of UV reaching the eyes by 50%.



**Warning:** baseball caps expose the cheeks, ears and back of the neck to harmful UV radiation.



To help keep your kids safe in the sun, check your schools SunSmart status by heading to [www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)