



The Camp Australia Blog: Advice, Activities and Articles!

Our OSHC service is open and operating for those that need our care, with engaging programs that have an increased focus on hygiene and social distancing.

For families who require care, childcare will be provided free of charge until 30th June as per the Federal Government's announcement on the 2nd April. Whilst care is free, we still need to know if you are coming. We ask that you get your bookings in as soon as you can.

It's FREE to Register. (and if you want to use OSHC, you first need to register).

Register at pp.campaustralia.com.au/account/login. Once registered, it's easy to make and manage your bookings online via our Parent Portal.

Visit the Camp Australia blog for some inspiration when it comes to finding fun activities for children during COVID-19. New articles are added each week to provide ideas for parents, and advice too. Go to the blog: <https://www.campaustralia.com.au/blog>.

Here are our top picks:

Keeping the Family Active in Isolation



Great ways for parents and children to keep moving and maintain their fitness. Give it your best shot at the 7 minute workout and more!

[Take me to the article!](#)

Healthy Eating for Children



Staying healthy is extra important during the COVID-19 outbreak. With the children at home, it's important you know how to support their nutrition.

[Take me to the article!](#)

8 Autumn Activities for Children



Don't rely on the same activities each day. Bring in some fun activities this autumn to keep your children entertained at home all day long.

[Take me to the article!](#)

How to Remain Calm During Coronavirus



Remaining calm during coronavirus times is challenging. We've collaborated with Andrew Fuller, leading child psychologist for some advice and reassurance.

[Take me to the article!](#)