Dear Parents and Guardians,

Take a stroll along any beach and you will see that the sand is strewn with litter. The ocean has become a garbage dump. Marine life is choking on our rubbish. Even on a good day, our very own schoolyard is clothed in litter.

Something needs to change!

Did you know that Clapham Primary is a part of the Eco-Schools framework?

What is Eco-Schools?

Eco-Schools is a global schools-based sustainability education framework. This year, Clapham Primary has five Eco School Leaders to lead our community as an Eco-School. As your 2020 Eco School Leaders, we would like to introduce ourselves. Our names are: Lucy McNicol; Lily Cescato; Megan Bryant; Jasmine Atkinson, and Natasha Krndija.

What do Eco School Leaders do?

Eco School Leaders engage in environmental issues that they feel are needed to improve the school environment or to address a global issue, such as campaigning against litter, improving wildlife habitats on campus, saving water or investigating Fairtrade. This year, our aim is to help reduce the amount of litter in our school community. To start with, we would love Clapham Primary School to become a 'Nude Food' school.

What is 'Nude Food'?

As you may already know from our wildly successful 'Nude Food Day' in Week 7, 'Nude Food' is food that is free of excess packaging, making it more environmentally friendly. It is usually unprocessed food, which makes it healthier than many processed foods.

Why should your child bring 'Nude Food' to school?

We all know what excess rubbish is doing to our planet. By encouraging all students to bring 'Nude Food' to school, we hope to make Clapham Primary a 'zero waste' school. If there is no packaging to drop on the ground, then there can be no litter. If Clapham Primary becomes a 'Nude Food' school, this will drastically decrease the amount of rubbish on our school grounds, in our local community and in our waterways. This will improve the environment surrounding the school and local community, along with the many ecosystems within it.

Not convinced yet?

'Nude Food' has many more benefits. Every year, Australian parents spend millions of dollars on food with excess packaging. Buying fresh foods without excess packaging, along with a durable lunch box that will last from primary school to high school, can definitely save families money. This money can then be spent on more important things. Additionally, because 'Nude Foods' are usually free from processing, students will be healthier. So, there's just so many benefits to 'Nude Food'!

What do the students of Clapham Primary want?

According to our data, 83.8% of students surveyed at Clapham Primary want our school to be a 'Nude Food' school. This means bringing in lunchboxes free of excess packaging every day of the week, not just as a once off. Additionally, 85.9% of students think that being a 'Nude Food' school

would reduce our litter problem. Lastly, 62.7% of students think that packing 'Nude Food' lunchboxes will not be too difficult.

So, it's clear that 'Nude Food' is something that is both needed and wanted at Clapham Primary School. As the Eco Leaders of 2020, we will be rewarding classes with the least amount of rubbish as an incentive to bring in 'Nude Food'. Congratulations Room 14, the class with the least amount of rubbish on our 'Nude Food Day' in Week 7.

We understand that packing 'Nude Food' lunches every day of the week may be a slight inconvenience, but some things are worth being inconvenienced for. We hope that we have convinced you to give 'Nude Food' a go. As we like to say…

"Litter Is Pollution. We Are the Solution."

Kind regards,

Eco School Leaders:

Lucy McNicol, Lily Cescato, Megan Bryant, Jasmine Atkinson and Natasha Krndija

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'Nude Food' Survey Results

1. Do you think that it would be a good thing if CPS was a 'Nude Food' School?
   83.8% said yes

2. Do you think that being a 'Nude Food' school would help reduce the amount of litter/rubbish at CPS?
   85.9% said yes

3. Do you think it would be difficult for you and your family to pack a 'Nude Food' lunchbox?
   62.7% said no, it would not be difficult.