

# PARENTS & CAREGIVERS SESSION

Let's Talk: Getting Real on the topic of Puberty

MONDAY

31<sup>st</sup> August 2020

5.00 – 6.00 pm

ST. JOSEPH'S, WANDAL

AND via ZOOM

A link will be sent out prior to the meeting

**WHO IS REAL TALK?** We provide seminars, reflection days and up-to-date resources to young people on topics relating to identity, technology, relationships, love, sex and marriage. We speak to over 30,000 students each year, including a growing number of primary school students.

## TOPICS BEING COVERED:

- **Current culture** and what's impacting our kids.
- Is **technology** taking over your family? Tips to help you understand & manage the world of social media & gaming.
- What's happening to my child? Let's talk **developmental changes** & our kids.
- Let's talk about sex: Stuck for words or not sure how to have these important chats? We'll give you some conversation starters.
- How can **parents** help?!?
- What is Real Talk going to talk about with your kids during their visit? Let's Talk!



**What others have said:** Amazing, very educational ... practical guidelines to help us guide our kids ... I now understand more about technology and current culture ... there is hope! ... relevant ... I feel blessed and empowered that I came along ... highly recommend to parents to keep informed ... something that cannot be missed!

For more information:  
[www.realtalkaustralia.com](http://www.realtalkaustralia.com)

