# **Upcoming Webinar for Parents**

This school has a membership with Parenting Ideas, one of Australia's most trusted sources of parenting education and support. As part of this membership, all the parents in this school community can attend some fantastic webinars in 2020 at no cost. We're pleased to let you know about an upcoming webinar.

### Parenting like a cat and dog: 11 November 8-9pm AEDT



Watch from any device, any locationSee the expert as they speak

00 Catch up recording available

Valued at \$37 per person

#### Webinar Overview

Effective parents use more than one style when communicating with their families. They know how to alter their style to suit the situation. In this webinar, Michael Grose uses cat and dog metaphors to introduce parents to two diverse styles of parenting. This will increase their ability and confidence to manage, nurture and build relationships with their children. The cat-dog approach to parenting is fun, easy to use, respectful and maximises parent effectiveness in challenging situations.

Key learning and discussion points include:

- How parents can identify their natural style and work harmoniously with their partner and/or support networks
- Building confidence to manage children who relish getting their own way
- Constructive ways to adjust communication so that it meets the individual needs of children
- Effective methods to communicate with anxious children so they feel supported, safe and listened to
- Techniques to adapt parenting styles as children move into adolescence





#### **Presenter Overview**

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators and an award-winning speaker who has been informing and inspiring audiences around Australia, and internationally for more than 20 years. He holds a Master of Educational Studies.

Michael is a bestselling author of 12 books for parents and has had parenting segments on The Project, The Today Show, Weekend Sunrise, 3AW, ABC radio and more. He has contributed to Huff Post, Kidspot and MamaMia, and is a former columnist with News Ltd and Fairfax newspapers.

## Redeem your webinar - it's easy!

To redeem your webinar click this link:

www.parentingideas.com.au/parent-resources/parent-webinars/parenting-like-a-cat-and-dog

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This offer is valid until 31 December 2020. If you're unable to make the broadcast time, just register anyway and you will get access to the recording.

## **Articles for Parents**

On the Parenting Ideas website you can also view and receive helpful articles to support your parenting journey.

Read up on topics such as:

- Resilience
- Siblings
- Bullying
- Positive Parenting
- Digital and Social Media
- Behaviour
- Confidence
- Friendships
- Anxiety
- Girls
- Boys
- Learning and Education



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