

Nutrition Snippet

WAR ON WASTE.

Did you know that the average household throws out 1 in 5 bags of groceries they buy?



Want to know how you can reduce your food waste?

Check out our [blog at healthylunchbox.com.au](https://healthylunchbox.com.au) for more tips that will save you money, time and our planet!

healthylunchbox.com.au



Cancer Council
Healthy Lunch Box