

Capricornia School Sport
PO Box 138
ROCKHAMPTON QLD 4700
Email: capsport@qed.qld.gov.au

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Website: www.capsport.eq.edu.au

2021 Capricornia 11-12yrs Aquathlon and 13-19yrs Triathlon Team NOMINATION / SELECTION PROCEDURES

The procedures for the selection of the Capricornia 11-12yrs Aquathlon and 13-19yrs Triathlon Team to participate in the State Championships are as follows.

Due to COVID-19 the selection races will be held as part of the Hervey Bay 100 Triathlon Festival on 14 November 2020 for both the 2021 11-12yrs Aquathlon and 13-19yrs Triathlon teams. Nomination Fees apply as per event. **The selection process will be as follows:**

- 1) Any student wishing to be selected in the 2021 Capricornia 11-12yrs Aquathlon and 13-19yrs Triathlon team **MUST** compete in the Huntingdale Hundy Kids 2020 event as part of the Hervey Bay 100 Triathlon Festival using the following link:

<https://endurancecui.active.com/event-reg/select-race?e=71507952>

TRIATHLON

NOTE: There are no registrations on the day, all participants must have completed their entries by **Tuesday 10th November 2020**. ALL participants are subject to Triathlon Australia rules and regulations.

Senior Age group (17/18/19yrs as of 31 December 2021)

Sprint – 500m swim, 15km bike, 4km run.

Intermediate Age Group (15/16yrs as of 31 December 2021)

Enticer – 500m swim, 15km bike, 4km run.

Junior Age Group (13/14yrs as of 31 December 2021)

Enticer – 300m swim, 10km bike, 2km run.

AQUATHLON

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Junior Aquathlon (11/12 year olds as of 31 December 2021)

1km run, 200m swim, 1km run.

Entry to these races must be done by the athlete, as per the entry procedures.

Capricornia School Sport is NOT responsible for the entry of the student into the event.

- 2) All students wishing to be considered for selection in the 2021 Capricornia 11-12yrs Aquathlon and 13-19yrs Triathlon team must also complete and return the attached **Nomination Form** prior to the race with contact details, the race they have entered by **Tuesday 10th November 2020**. Nominations received after this date will not be considered.
- 3) Upon receiving this paperwork, the team will then be selected as per the Capricornia School Sport selection guidelines by a panel of selectors after the event has taken place. Students will be notified accordingly after this process has taken place.

Thank you in anticipation of your assistance with this process and we wish all the students luck with their selection efforts.

Anthony Spyve
Regional School Sport Officer

Kellie Langley
Chief Manager

2021 11-12yrs Aquathlon and 13-19yrs Triathlon NOMINATION FORM

| | | | |
|----------------------------|--|---------------------------|--|
| Student's Name: | | Student's School: | |
| Students D.O.B. | | Male / Female | |
| Student's Mailing Address: | | | |
| Contact Phone No: | | Parent's Mobile Phone No: | |
| Parent's Name: | | Parent's Email Address: | |

Instructions

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| RACE Aquathlon or Triathlon | RACE DETAILS Aquathlon Junior, Intermediate or Senior |
|--------------------------------------|---|
| | |

CERTIFICATION *(by Student and Parent/Caregiver)*

I certify that this person has entered as listed and the date of birth shown is correct.

Student Name: *Parent/Caregiver Name:*

Signature: *Signature:*

Date:

Reminder: All nominations are due to the Regional School Sport Office by Close of Nominations on

Tuesday 10th November 2020.

Return to:

Capricornia School Sport
PO Box 138

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