## **Stepping Beyond Support Group for Separated / Divorced Adults**



Living through a separation or divorce can be an overwhelming experience. Not only are the hopes and dreams for your future shattered, but this experience accompanies isolation, loneliness, challenges supporting or caring for your children, and sometimes difficulty communicating with your spouse or partner over legal matters.

Stepping Beyond Monthly Support Group is a safe environment to explore these issues. Together with trained facilitators, each month members explore their challenges and celebrate their achievements on their journey.

**DATE:** Last Tuesday of each Month (Feb – Nov)

**TIME:** 7pm – 9pm

**COST**: \$5.00

**VENUE**: Monthly Zoom gathering or in person meetings at Parramatta, depending on

Covid Restrictions.

**PLEASE NOTE: Registration Essential** 

For Further information and registration, please call Rita on 8843 2500 or email soloparentservices@ccss.org.au

