** Coota High Canteen**



***Term 2 2022***

*All NSW public schools are required to follow the Healthy Canteen Strategy. For More information, go to healthyschoolcanteens.nsw.gov.au*

**RECESS MENU**

*A selection of these delicious recess items are available everyday*

|  |  |  |
| --- | --- | --- |
|  |  |  |
| Garlic Bread | 50c |  |
| Spaghetti or Baked Bean triangle | 50c |  |
| Pizza Bun (*tomato or bbq)* | $1.00 |  |
| Chicken & Gravy Roll | $2.50 |  |
| Dino Snacks (o) | $2.50 |  |
| Dino Wrap (o) | $2.50 |  |
| Ham & Cheese toastie | $3.00 |  |
| Ham & Egg Melt | $3.00 |  |
| Mini Pizza (*chicken or meat)* | $3.00 |  |
| Sliders (*chicken or beef*) | $3.50 |  |
| Soup of the Day (*check notice board*) | $3.50 |  |
| Lasagne | $3.50 |  |
| Hot Chicken & Cheese Roll | $3.50 |  |
| Hot Ham, Cheese, Pineapple Roll | $3.50 |  |
| Pie (o) | $4.00 |  |

**LUNCH MENU $5.00 EACH**

*Lunches change daily. Check notice board for today’s lunch.*

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|  |
| Butter chicken |
| Chicken Curry |
| Sweet Chilli Chicken Sub (o) |
| Chicken Parmi Burger (o) |
| Meatball Sub |
| Chicken Pasta Bake |
| Hot Savoury Mince Roll |
| Pasta Bolognese |
| Beef Burrito |
| Hamburger |
| Chicken Burger (o) |
| Jacket Potato with Savoury Mince |
| Cottage Pie |
| Sweet & Sour Chicken |
| Chicken Caesar Wrap |
|  |

**FRESH ROLLS AND WRAPS**

***Available All Day***

|  |  |
| --- | --- |
| Chicken, Lettuce, Mayo | $4.00 |
| Egg and Lettuce | $4.00 |
| Ham Salad | $4.50 |
| Chicken Salad | $4.50 |
| Tuna Salad | $4.50 |
| Salad Box with Chicken | $5.00 |
| Salad Box with Ham | $5.00 |
| Salad Box with Tuna | $5.00 |
| Chicken Caesar Salad Box | $5.00 |

*(o) occasional food. All others meet the everyday criteria*

*(Prices endorsed by Coota High P&C Association and subject to change)*

**DRINKS**

*Rehydrate with water or one of our other drinks*

Water 600mL $1.50

Plain milk $1.00

Fruit boxes $1.50

*(Orange, Apple, Paradise Punch, Apple & Blackcurrant)*

Juice Bombs $2.00

*(Blackcurrant, Orange Passionfruit, Raspberry, Watermelon)*

Milkshakes $2.00

*(Chocolate, Caramel, Vanilla, Strawberry, Cookies & Cream,*

*Banana, Spearmint)*

Soft Drink cans (o) $3.00

Flavoured Milk 500mL $3.00

*(Coffee (o), Strawberry or Chocolate)*

Hot Chocolate $3.50

**SNACKS**

Fresh Fruit Salad (*seasonal fruits*) $2.00

Fruit & Yoghurt $2.00

Trifle (o) $2.00

Chocolate Mousse (o) $2.00

Chips (o) $1.50

*(Sea Salt or Sour Cream & Chives)*

**SNACKS AVAILABLE 2ND HALF of LUNCH**

Frozen Fruit Boxes $1.50

*(Orange, Apple, Paradise Punch, Apple & Blackcurrant)*

TNTs $1.00

*(Blue or Red Raspberry)*

Snap Sticks $1.00

*(Blue or Red Raspberry, Grape)*

Quelch Sticks $1.00

*(Orange, Pineapple, Mango, Tropical, Apple, Blackcurrant,*

*Raspberry, Strawberry)*

Chocolate Moosies (o) $1.50

Cake (o) $1.00

**Canteen tip**

*Order your Lunch to avoid missing out!*

*(write your name and order on a lunchbag and give it to Yvette or Raylz )*