



A Women's Circle is simply a gathering of women, in a beautifully created space, with the common goal of deepening connections with others. This is experienced through sharing guided/topical conversation, engaging in craft or writing activities, being led in a guided meditation...the possibilities are endless!



Sally is a trained Women's Circle Facilitator and is passionate about the value and potency of women coming together..to share their stories, to feel heard and be supported, where ever you are in your life right now.



This is a free group, open to women of all ages and backgrounds.

Tea, coffee and light refreshments provided.
Please register your interest by calling 8843 2545