

**80.95% of
young people
reported that
having a
mentor makes
them feel less
lonely**



Adam & Peter



She really is like my Big Sister
Danielle & Shakira

CONTACT

Mark Watt

Email | mark.watt@bbbsau.org

www.bigbrothersbigsisters.org.au



**Big Brothers Big Sisters
of Australia**

TUMUT, NSW

ABOUT US

Big Brothers Big Sisters supports at-risk children and young people through evidence-based, long term, one-to-one mentoring.

By matching a young person (aged 7-17) in need of support with a volunteer mentor, they are provided a safe environment to help build their confidence and increase their resilience.

The young person and mentor share everyday activities. What matters to the young person are not just the activities, it is the fact that they have a caring adult in their lives. They have someone to confide in and to look up to at a time in their lives when even small choices can change the course of their future.

GET INVOLVED

Big Brothers Big Sisters is coming to Tumut and we are looking for local community members to get involved.

You can support the program and your community by:-

- becoming a mentor
- assisting with the fundraising & events
- using your skills to become part of the volunteer village and helping out with admin, marketing, IT support, social media etc

"I really look forward to that knock on the door on a Wednesday. I never quite know what we are going to do but its always fun!

Nikisha & Mary



Matt & Ari



THE MENTORING MATCH

THE MENTOR

Volunteers for 1 to 2 hours a week for a minimum of 12 months, sharing friendship and fun activities. Big Brothers Big Sisters is a child safe organisation, all volunteers are fully screened and trained.

THE YOUNG PERSON

Young people spend time with a trusted adult and an opportunity to learn social, emotional and life skills. Its about friendship and having fun!

THE MATCH

The ongoing match is supervised and supported by Big Brothers Big Sisters. Through these long-term positive relationships, young people grow their self-esteem, develop a sense of belonging, and begin to see a future full of possibilities.

THE COMMUNITY

The early-intervention and preventative approach of targeting young people who are at risk of disengaging from the community not only has a profound, life-long impact on the individual, but it also contributes to improved outcomes for the wider community.