

# Mount Macedon P.S Wellbeing and Inclusion Newsletter

## Community Connections

### Drawing With Us: Basic manga - style faces

Gisborne Library

Thu., 12 January 2023, 1:00  
pm - 2:00 pm

### Damo: Music for kids

Gisborne Library

Thu., 19 January 2023, 11:00  
am - 12:00 pm AEDT

### Cinema Pop Up

Margery Crescent,  
Woodend

8 December: The Grinch

9 December: Bad Guys

10 December: Minions: The

Rise of Gru

Get tickets [here](#)

## Resources

Headspace Mindfulness

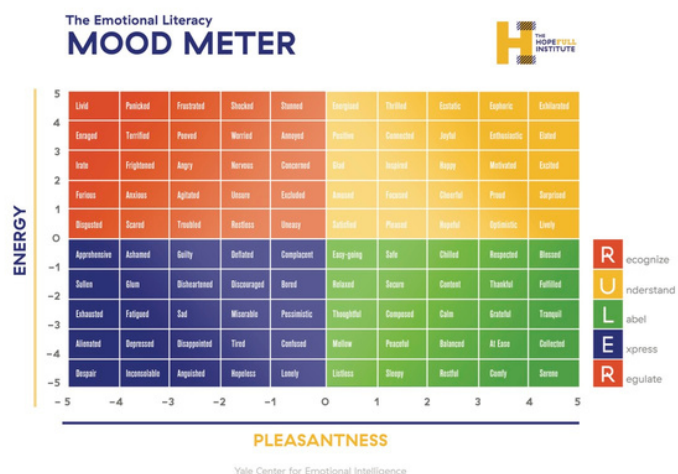
Kids Series:

Find your Force with <sup>TM</sup> I Chapter  
I: <sup>TM</sup> Meltdown

## Student Wellbeing

This term, the 4/5/6 students have been learning how to identify and label their emotions, which is essential in developing our emotional literacy.

Yale Center for Emotional Intelligence asks - When students experience a range of emotions, how does it impact how students think and what they do? Watch this animation to explore how emotions impact thoughts and behaviors in the classroom.



## Inclusive Education

We have recently purchased a range of books that help teach and celebrate diversity and inclusion. These included a series of books by Adam Goodes, Ellie Laing, David Hardy (Illustrator).

