

Sunsmart Snippet

It's still the same sun



Cancer Council's Sid the Seagull 'Slip, Slop, Slap' message was first launched in the 1980s.

Some things have changed since then but our sun is still the same. By using sun protection you are reducing your risk of skin cancer – including potentially deadly melanoma.

Using a combination of the five sun protection measures whenever UV levels reach 3 or higher, and getting to know your skin to check for any changes, are key.

www.sunsmartnsw.com.au



Cancer Council
Healthy Lunch Box