

headspace Knox and
Lilydale

**PARENT & CARERS:
THIS ONE'S FOR
YOU!**

Info Night

FREE

5-7pm Thursday
16 March

Worried about your young person?
Don't know where to start?

Come along to the headspace Knox
info night to learn about:

- What headspace offers
- Where & how to access support
- What you can do to help your
young person
- How to have that conversation

You can meet the team & ask
questions, or chat with other
parents & carers if you want to
Tea, Coffee & Biscuits provided
Bookings Essential

Register here



2 Capital City Boulevard, Westfield
Knox Ozone, Wantirna South, Victoria
3152