

DSHS TRIATHLON



SWIMMING | RUNNING | CYCLING

TRIAL DATE: FRIDAY JUNE 2, 2023

APPLICATIONS CLOSE: FRIDAY 26 MAY, 2023

Qualification standards:

Run 1600m in under 9 minutes

Swim 200m in under 4.45 minutes

Triathlon is a specialist school-based program intended to develop skills and fitness in the sport of triathlon. This program also develops aerobic endurance that would benefit children playing team sports. In the later years

of the program surfing is included in the curriculum. It is a program that is committed to promoting excellence in a fun and friendly environment

Students will compete at State Schools Competitions; Cross country, Triathlon, Swimming, Athletics, Surfing. Bikes are supplied by the school for use in lessons and competitions. No bike no worries.



Composition of the program: 1 session of cycling, 1 session of swimming 1 session of running and 1 session of team sport.

Apply here

For more information, please contact: Triathlon.duncraig.shs@education.wa.edu.au