

Including the Following Topics

- Understanding ADHD
- Duration: The three R's of Parenting
- Using Reward Systems
- Time Out Strategies
- Referrals for Further Support
- Love Languages

Duration: 6 x 2hr Sessions - Once a week

Time: 11am- 1pm

Where: Blacktown TBA on Registration

Who: Parents and Carers of Kids 2-12 years

Childcare: Not available



