

2019 Term 2 Nominations

Cricket

Woolworths Cricket Blast Schools Cup

We will be entering teams into this year's competition.

Junior School - Tuesday 13 August - Nth Narrabeen Reserve

Year 3/4 Girls (6-8 Players)

Year 3/4 Boys (6-8 Players)

Year 5/6 Girls (8-10 Players)

Year 5/6 Boys (8-10 Players)

Senior School - Tuesday 27 August - Millers Reserve

Years 7/8 Girls (8-10 Players)

Unfortunately, there is no boy's competition played in this competition

If you would like to nominate your son or daughter to play, please email the sports office by the 31 May. Trials will be held after that date to select teams. Thank you.

Gymnastics

Primary and Secondary State Gymnastics Championships

Nominations Due: 28 May 2019

Date: 6 June 2019

To enter this competition, all students must be current members of a Gymnastics Club and the students must know and have practised their routines. The routine should be done in a safe manner. The student should feel confident about performing the routine on their own and should have reached a good standard of skill proficiency. All boys will do the levels based on the Men's Artistic Gymnastics 2018-2021 Australian Levels. Students competing in the AGF Level Division must compete on at least two apparatus. Students competing in the AGF Level Division must compete on apparatus only within one Level. Only students who compete on all apparatus will be included in the Over-All Point Score for each Level. Gymnasts must compete in the level or a higher level of their last competition either club.

Rugby Union

Peninsula Cup

The Peninsula Cup Rugby Competition is played after school against various schools on the Northern Beaches.

Day / Times: U14 Thursdays 4pm – 5pm

U16 Mondays 4pm – 5pm

Dates: Term 3 Commencing Week 2

Location: Games are played at various schools (See draw once published)

Uniform: TPHS Rugby Jersey (available from the Sports Office), TPHS Shorts, TPHS Sport Socks & mouth guard

Nominations Due: 24 May 2019

Trials: Trials and Training will commence Thursday 30 May

Cost: \$30 per season

College Soccer

The Peninsula Cup Soccer Competition is played against various schools on the Northern Beaches.

Day / Time: U14 Girls Tuesdays 4pm – 5pm

Opens (U16/U18) Wednesdays 4pm – 5pm

Location: Games are played at various schools (See draw once published)

Uniform: TPHS Soccer Jersey (available from the Sports Office), TPHS Shorts, TPHS Sport Socks & Shin Pads

Cost: \$30 per season

Nominations: 24 May 2019

Trials: Trials and Training will commence Wednesday 29 May

Cost: \$30 per season

Snowsports Raceweek

Nominations: 8 spots available for the Senior Camp

Each year Pittwater House competes at the NSW Interschool's Snowsports Championships in the Term 2 School Holidays, if you would like to compete please contact the sports office ASAP

Dates: Sunday 14 July to Sunday 21 July 2019
Competition: 16 - 20 July 2019
Location: Thredbo (alternates between Thredbo and Perisher)
Age Groups: Year 1 to Year 6 (must stay with parents)
Year 7 to Year 12
Cost: **Junior Students:** \$200 Admin and Staff race supervision fee. Excludes: Race Entry fees
Senior Students staying with TPHS: Approx. \$1800 which includes accommodation, transport, 6-day lift pass, 2 x compulsory lessons, National Park entry, all breakfast and dinners. Excludes: TPHS Snow jacket hire, race fees, lunches and equipment hire.

Softball

CIS U12 Junior School Boys Softball Championships

Nominations Due: 31 May 2019

Date: 16 June 2019

Each school is limited to only sending 3 players to trial at the CIS Championships. At these Championships, players can get selected to represent CIS at the NSWPSA U12 Softball Championships in early September each year.

Touch Football

CIS U12 Junior School Girls Touch Football Trials

Nominations Due: 20 May 2019

Date: 4 June 2019

Each school is limited to only sending 3 players to trial at the CIS Trials. At these trials, players can get selected to represent CIS at the NSWPSA U12 Touch Football Championships at the end of August

CIS U12 Junior School Boys Touch Football Trials

Nominations Due: 20 May 2019

Date: 4 June 2019

Each school is limited to only sending 3 players to trial at the CIS Trials. At these trials, players can get selected to represent CIS at the NSWPSA U12 Touch Football Championships at the end of July.

Water Polo

Pittwater House enters teams into the Northern Suburbs Schools Water Polo Association Competition throughout the year.

Junior Competition (College and Grammar Year 7)

Day: Friday nights

Dates: Commences Week 1 or 2, Term 3 (dates to be confirmed once draw has been published)

Training: Training commences Mid Term 2 (date to be confirmed)

Term 2 Academies

Rugby Academy

The Pittwater House Rugby Academy has been designed to develop core rugby skills in participants. Whether you are new to rugby keen to give it a go, part time player or an experienced rugby player, you will enjoy and benefit significantly from this program. An innovative Building Blocks model will be deployed that has been designed to develop multi-skilled players than can compete in the modern game of Rugby. Programs are carefully designed and planned to incorporate a good balance of fitness, fun and instruction. Each session is goal oriented and conducted at a high level of intensity. Sessions are conducted by certified, experienced and responsible coaches. These coaches have been and/or are currently still coaching at a high level in Australia.

Day / Time: Tuesdays 3:30pm – 5:00pm

Term 2 - 7 May to 25 June 2019 (Week 2-9)

Cost: The cost is \$150 per term (8-week program)

Age Groups: Years 5 and 6 (Under 12s), Years 7 and 9 (Under 14s) and Years 10 + (Under 16s)

Uniform: Students are required to wear Pittwater House PE shorts, Rugby shirt (collected from the Sports Office) boots and mouthguard. (Headgear optional)

Venue: Pittwater House Oval

Tennis Coaching

Mr Les Hegyessy (Tennis Head Coach) and Mr Oliver Cordell (TCA Tennis Coach) will be conducting Tennis Programs for students in ECC and Years 1-6, Grammar and College: Private, Semi-private and Group lessons before and after school and during lunch for those students interested. The program will be held at The Pittwater House Tennis Courts.

If you would like to enrol your child, please contact Mr Les Hegyessy (0402 731 196) or Mr Oliver Cordell (0403 833 293).

Water Polo Academy

The Pittwater House Water Polo Academy aims to teach and develop the fundamental Water Polo skills and techniques to those who are keen to learn or improve. The focus of the academy will be developing specific skills that are essential to Water Polo

Each session will focus on a specific skill or element of the game, progressing onto an overall understanding of the game rules and play.

Day / Time: Tuesdays 7:15am – 8:15am

Term 2 – 7 May to 25 June 2019 (Weeks 2-9)

Cost: The cost is \$100 per term (8-week program)

Age Group: 8 years of age and above

Uniform: Students are required to wear their Pittwater House Swimming Costume and Cap

Venue: Pittwater House Pool

Sports Reports

Basketball

J5 Pittwater Magic v OFGS Lakers (30 April) Loss 12-22

A tough defeat for Magic who showed some promising progress in both passing and steals. Points evenly shared across the team demonstrates a good improvement in the team's passing game. Magic worked on smarter offensive placements for the second half of the game. Great to see everyone trying extremely hard and giving it their all each week - a fantastic team with a lot of heart.

P6 Pittwater Nets v St Lukes (1 May) Loss 8-14

The Nets played a stellar defensive game, getting up close on their players and keeping their hands in the air to pressure the opponent! This was evident in only allowing them to score 14 points, and only 2 of them in the second half. Unfortunately, the shots weren't falling, and the Nets couldn't get on top. Lachlan was a standout, playing hard defensive not allowing St Lukes any space to move!

G7 Pittwater Kings v St Lukes Navy (29 April) Loss 17-37

The Kings had their first taste of Division 1 action for 2019. Coming straight out of the holidays to a new venue in PCYC, they had to fight hard against St Lukes Navy. Adding to the challenge was only having 4 players in the first half. To the Kings credit, they fought hard trying to stay in the game with some good fast break layups and free throws. Unfortunately, by the time our 5th player arrived, the deficit was too big to crawl back. It was still a good chance for the boys to shake off some holiday rust and see what level of competition we will be facing from now on.

G7 Pittwater Knicks v St Lukes Royal (29 April) Won 35-18

The boys defence was exceptional today, the boys were in the passing lanes which led to numerous steals resulting in a great win

C9/10 Pittwater Opals v Mater Girls (1 May) Loss 19-20

After a holiday break the Opals were on fire in the first half, creating steals on the defensive end and making some nice shots offensively. Going into half time it was 10-2 with the Opals holding a nice lead. However, due to foul trouble we had to finish the game with 4 players in the remaining 7 minutes. This saw Mater push past the Opals with a last second shot to win the game! The whole team should be commended on what was a brilliant performance from the girls!

G9 Pittwater Hornets v St Augustines (2 May) Loss 24-17

The Celtics came out to a cracking start getting multiple steals by being active in our zone defence. This allowed us to push the fast break and get layups at will. The game was extremely close the whole way coming down to the final seconds in which Will got a clutch steal resulting in a layup to bring the game within one point. Unfortunately, St Augustines made a shot with 15 seconds left enabling them to hang onto the win, an overall great effort by the boys.

G10 Pittwater Heat v Saints Cavs (2 May) Loss 57-31

The Heat boys played a solid half of basketball, unfortunately it was followed by a not so solid second half. The ball movement and execution in the first half was fantastic, getting everyone involved early in the game and getting to the rim at will. This slipped in the second half when all players decided they wanted the shot rather looking for team mates. The boys admitted their mistakes and will learn from this going forward. It's a team game and these guys are one of the best teams I've coached when they share the ball. Just need to get back to that style of play.

Football

Grammar 14 v Northern Beaches Christian School A (9 May) Lost 1-9

Unfortunately, the 14s were outclassed last week going down 8-0 in just the first half! However, a tactical change and some determined play from the boys saw them to a moral victory with the second half being 1-1!

Diving

CIS Diving Championships

On Thursday the 2nd May **Hadiya (C7)** competed at the CIS Diving Championships. This is the first time in many years that Pittwater House has entered a student at these championships and the first championships that Hadiya has competed in. While this was her first official competition Hadiya displayed skill and grace on the boards and only missed out on the top 3 places by a mere 0.50 point. Well done Hadiya.

Hockey

PISA Year 5/6 Mixed v Oxford Falls Grammar School (10 May) Lost 0-4

The Mixed Junior Hockey team played their first game against Oxford Falls Grammar School. The team demonstrated excellent team work despite having never played a game together before. Despite losing 4-0 their perseverance and determination was relentless throughout the game.

Netball

PISA Year 5/6B v Covenant Christian School (10 May) Lost 14-15

Last Friday the senior netball B team played Covenant Christian School in the first game of the season. The first quarter was difficult with the opposition scoring 7 goals to our 1. However, the girls all listened to the feedback and pulled together as a team to come back and only lose by 1 goal. The players of the match were Sophie, who dominated the attacking circle, and Mirabelle shut down their shooters in defence. The final score was 14 - 15.

TPHS U14A's vs OFGS A (7 May) Win 32-4

The Girls U14A netball team displayed quality netball skills, versatility and team work to achieve a convincing 32 - 4 win against a less experienced Oxford Falls Grammar team. The Coach used the game as an opportunity to get to know the team, rotating the girls between positions, in preparation for more challenging games ahead. It's early days but the team is showing positive signs of being a well-balanced, spirited and competitive netball team.

TPHS U14B's vs Mater B (7 May) Win 23-4

Well, what a fabulous start to our bid to lift the Peninsula Cup! This group of girls have barely even trained together yet immediately gelled and played like a team who had played together for years. The passing for the most part was fast and accurate, and the girls made the most of the space covering every inch of the court which meant that we watched a very entertaining game.

Special mention this week to: Amelia and Clara who as a formidable defence allowed only 1 goal in 3 quarters. Jessica who scored 15 of the goals and Lara who dominated the midfield. All the girls played amazingly and should be very proud of themselves, it was a fantastic game to watch. Well done girls!

Water Polo

Intermediate Girls Vs Stella B (6 May) Won 8-3

It was the team's first game of the season and they were off to a flying start. The whole team had a great time and we even had a new player in Liliana playing her first ever game. The girls attacked from the beginning and the ball was rarely in their half of the pool. Lauren was very strong in goal and saved many goals in the first half of the game. Jaime and Laila were the strongest players in attack this week. Scorers: Jaime (6), Laila (1) and Savannah (1).

Term 2 Calendar Dates

Athletics

Pittwater House Athletics Carnivals

1. Kindergarten to Year 6 Date: 11 June 2019

2. Year 7 to 12 Date: 13 June 2019

Location: Sydney Academy of Sport, Narrabeen – Athletics Track

Athletics Pathways – Junior School

HICES - 28 August

CIS 12 September

QUAD – 6 September

Athletics Pathway – Senior School

CDSSA – 19 August

AICES – 9 September

CIS – 24 September

Cross Country

Junior School Pathway

1. HICES Cross Country 23 May 2019 to be held at Orange Anglican School

2. CIS Cross Country 13 June 2019 to be held at Eastern Creek Raceway

Senior School Pathway

1. CDSSA Cross Country 20 May 2019 to be held at Centennial Park

2. AICES Cross Country 4 June 2019 to be held at the Sydney International Equestrian Centre

3. CIS Cross Country 13 June 2019 to be held at Eastern Creek Raceway

Sports Office Contact Details

Mrs Sue Grigg, Manager of Sports

Email: sue.grigg@tphs.nsw.edu.au

Mobile: 0421 102 954

Miss Ally Barnett, Sports Assistant

Email: sportsoffice@tphs.nsw.edu.au

Nominations and Enquiries

Permission notes for all Academies, Competitions and upcoming Sporting Excursions can be found on the Pittwater House Skoolbag App in the Sports folder.

All other nominations and enquiries are to be emailed to the Sports Office

Email: sportsoffice@tphs.nsw.edu.au

Pittwater House Sporting Groups Facebook Page

Join Pittwater House Sporting Groups Facebook Page

Pittwater House has a sporting groups page on Facebook for current students and their families. This page provides updates to sporting fixtures and draws, results, permission slips and latest news for Pittwater House Sporting teams. This is a closed group, so unless you are a member you will not be able to view content. You need to have a Facebook profile if you wish to join. Search for **Pittwater House Sporting Groups** page and request to join the group.