Session 1: Where Did I Come From?

Audience: Year 3 and 4 students and their Parents/Carers

Sessions: 1 x 60-minute session

Program focus:

- Discuss the male and female reproductive systems, foetal development and the birth process
- · Personal safety and protective behaviours

Note: Older students are encouraged to attend if they have not previously seen this program.

Session 2: Preparing For Puberty

Audience: Year 5 and 6 students and their Parents/Carers

Sessions: 1 x 60-minute session

Program focus:

- Discuss the physical changes of puberty, emphasising that it can be different for everyone
- Develop students' understanding of periods and sperm production, as well as the physical, emotional, social and intellectual changes associated with puberty for both boys and girls

Time: 6:00pm

Time: 7:15pm

• Enhance awareness of children's personal safety and protective behaviours

Note: Younger students are welcome to attend at the discretion of their Parents/Carers.

Family cost: 1 session \$32 per family | 2 sessions \$37 per family

Please note that this cost is GST inclusive

Where: Online

When: 21-Oct-2020