2019 Term 4 Nominations

AICES Open Girls Softball Championships

Nominations Due: 28 October Date: 6 November 2019

If selected into the AICES team, students will then play at the CIS Championships in February the following year.

AICES U15 Tennis Championship

Nominations Due: 22 October Date: Early November

The AICES U15s Tennis Championships will be open to any tennis player aged 15 years and under and play competition Tennis. Interested players must see the Sports Office prior to the nomination due by date. No late nomination will be accepted.

AICES Opens Water Polo Trials

Nominations Due: 21 October 2019 Date: 31 October 2019

To be eligible to trial for the AICES Water Polo Team you must play in either the Intermediate or Opens Pittwater House Water Polo Team and be 17 years of age or under that year of trailing. Trials are mid-October each year with the successful players being selected into the an AICES Teams and Trailing for the CIS teams in February the following year.

CIS Team Triathlon Championships

Nominations Close: Thursday 17 October Date: Monday 28th October 2019 Venue: Sydney International Regatta Centre

If your child is in Years 7-12 and would like to compete at the CIS Team Triathlon Championships, please submit the permission form via Skoolbag in the Sport > Triathlon folder with the 3 athletes and their positions. The team must comprise three athletes: one swimmer, one cyclist and one runner.

Relay distances:

<u>Juniors</u> (12, 13 years) – 400m swim, 10km cycle and 3km run <u>Intermediate (</u>14, 15 year) – 400m swim, 15km cycle and 3km run <u>Seniors (</u>16, 17, 18 years) – 400m swim, 15km cycle and 3km run

Age is determined by the competitor's age on the 31st of December 2019

The top 50 places in each event, will automatically qualify for the 2020 NSW All Schools Triathlon Teams Events presenting their school and CIS.

Please feel free to email us at: sportsoffice@tphs.nsw.edu.au should you have any questions.

Sport Reports

Basketball

J5 Pittwater Magic v MW Waratahs (17 Sep) Win 30-9

Pittwater Magic had a cracker of a game against Manly West. We were able to stay spaced out on offence and take advantage of a slow defence. This advantage enabled us to score multiple layups on the back of an impressive scoring day by James. A good start for Pittwater Magic under a new coach, well done guys!

J5 Pittwater Magic v St Lukes Taipans (24 Sep) Loss 10-30

The Magic were short sided in this holiday match up against St Lukes. We were left with only 6 players down from our usual 10 players as the holidays for Pittwater had started during the week. This didn't stop the surviving Magic players from trying their very hardest and giving St Lukes a good fight. Unfortunately, as the second half carried on, our fatigue grew and eventually we caved in, letting them score a few easy baskets towards the end. Unlucky result but still proud of the effort we gave.

C7/8 Pittwater Storm v Stella White (16 Sep) Loss 4-26

The storm faced off against a formidable Stella White team on Monday night, but the girls maintained their effort and enthusiasm throughout the game. Despite a tough 26-4 loss, the girls displayed great teamwork and passing and left the court with smiles on their faces having learned lots from the contest.

C7/8 Pittwater Storm v Mercy Mavericks (23 Sep) Loss 5-38

The Storm railed together in the first week of their school holiday to match up against the Mercy Mavericks. The girls were able to maintain a good defensive effort for majority of the first half but as the game drew longer the lead grew bigger and eventually became unsalvageable.

C7/8 Pittwater Pelicans v Stella Green (16 Sep) Win 49-14

Another strong performance from the girls against Stella Maris Green. The girls were able to use their pace and spacing work from training to create layup opportunities at will. We were able to also play aggressive, smart defence and keep our fouls low, setting ourselves up for a great win. Well done girls!

G7 Pittwater Kings v Eagles Academy (16 Sep) Win 54-41

The Kings played a very skilled Eagles Academy team, but we had a distinct height advantage across the board, and we had to exploit this advantage. We emphasised staying in front of the ball on defence and offensive rebounding as the keys to winning the game and the boys executed it when it mattered most. The Eagles Academy kept the game close with outside shooting but the pass and cut offence along with the screen and roll from the Kings allowed us to pull away for a well-earned victory.

G7 Pittwater Kings v St Augustines (23 Sep) Win 31-29

Scrappy game for us tonight, we have been trying to concentrate on ball and player movement offensively and on containing our man and having help defenders in position off the ball. Unfortunately, tonight, it took us a while to get a handle of these areas, but we managed to hold off a tough St Augustines team.

G7 Pittwater Knicks v OFGS Ballers (16 Sep) Loss 7-28

The Knicks took to the court against the OFGS Ballers. A slow start from the boys coupled with hot shooting from the opposition led to an early deficit which Pittwater could not recover from and went on to an unfortunate 28-7 loss. However, they left the court with their heads up.

G7 Pittwater Knicks v St Augustines Stingrays (23 Sep) Loss 24-33

The Knicks spent the first day of their school holiday, firing ready to take on the St Augustines Stingrays. Unfortunately for them, with a few players missing and holiday mode already switched on, they were unable to come away with the win. Unlucky boys!

G8 Pittwater Pistons v St Pauls (18 Sep) Win 41-35

Another slow start for the Pistons tonight against the second placed St Pauls team. Once we settled down and looked after the ball, we managed to get a good win against a very tough opposition. The boys are starting to get used to the positioning both offensively and defensively and when we are all on the same page, we will be hard to stop.

G8 Pittwater Pistons v Bally Boys (25 Sep) Win 55-47

A high scoring game tonight for both teams, we managed to get some good looks and play unselfishly against an unconventional defence designed to stop one of our players. Once we realised what they were doing we were able to exploit it and score quite easily. Defence still needed to be a little better but overall a good win for the Pistons.

G8 Pittwater Celtics v Nets (18 Sep) Win 30-19

The Celtics have found their rhythm this season as they are now playing harder on the defensive end and playing unselfishly. A key aspect to the game was keeping our turnovers down and rebounding against a much taller nets side. The boys battled all game and stuck to these keys and that led to a convincing win. Our defence has also made great strides with the boys staying locked into their man and giving up no easy shots towards the hoop. Great job Celtics.

G8 Pittwater Celtics v St Augustines Mavericks (25 Sep) Win 22-11

The Celtics spent their first Wednesday night of their three-week school holiday on the court playing against a strong St Augustines opponent. The boys were able to take advantage of some good transition basketball and scored with pace and layups. Was a great way to send the team into the break. Well done guys!

C9 Pittwater Suns v Stella 9 Red (18 Sep) Win 32-22

The Suns played a phenomenal game throwing up a massive 32 total point total in a great display of scoring prowess. Was a standout game for Eloise who couldn't seem to find a way to miss. Well done girls!

C9 Pittwater Suns v Mercy Opals (25 Sep) Loss 21-28

A close affair against a formidable opponent this week in Mercy Opals. Was a tight game all the way through and only broke out towards the end of the second half. The Mercy team were able to score a few lucky baskets toward the end of the game that knocked the wind out of our sails.

C9/10 Pittwater Opals v St Lukes 10 Yellow (18 Sep) Loss 7-25

The Opals struggled to find the basket for most of the first half, with many shots narrowly missing, bouncing off the back of the rim. The second half was much brighter as a few baskets started to go in, however the lead was already quite substantial against a tough and aggressive St Lukes team! Well done to Lauren who manages to lead the Opals week in week out, with her excellent communication on the court getting the girls on the same page. Hopefully the Opals will come back rejuvenated from the long break, focusing on a strong next half of the season!

C10 Pittwater Jazz v St Lukes Y10 Gold (18 Sep) Win 25-21

The Pittwater Jazz has a tight affair with the St Lukes Y10 Gold team this week, coming down to the final minutes of the game. Both teams had impeccable defence and were able to load pressure onto the opposition for most of the game. A few breakaway baskets towards the end of the game gave us the lead and in turn, the result. Well done girls!

C10 Pittwater Jazz v Reballs (25 Sep) Win 20-9

A short-sided Jazz team were still able to prevail against the fully sided Reballs this afternoon. The girls started with 5 but eventually due to injury were forced to finish the game with 4 players. This didn't stop the girls from holding out and ended up getting them win!

G9 Pittwater Hornets v St Lukes Blue (19 Sep) Win 42-35

The Hornets played a great game as they are playing with a level of intensity that could not be matched by the opposing team. Our defence has continued to improve, with the emphasis on keeping the ball outside the key and playing without fouling. Our bigs at the back of the zone have learnt to make them shoot over the high hands. This defence led to getting rebounds and busting out in transition to get scores before St Lukes defence could get set.

G9 Pittwater Hornets v OFGS Suns (26 Sep) Win 43-6

The Hornets had a monster win tonight with some help from the TPHS Rockets players also. Being the first week of holidays, many of the boys from both teams were away. However, they combined together to take down the OFGS Suns in impressive style, scoring what seemed at will. Great win boys to send us into the holidays.

G10 Pittwater Heat v St Augustines Thunder (26 Sep) Draw 45-45

The Heat had an absolute nail bitter of a game on Thursday afternoon, against a familiar opponent in St Augustines Thunder. The game was close the entire time and came down to the final possession of the game, we drew up a play but unfortunately, we were unable to get the shot off in time to win the game. The result of this neck and neck affair, a draw!

G10 Pittwater Thunder v Manly High (19 Sep) Win 32-22

The Thunder managed to get a good win against a quality team in Manly High. We started out by playing great defence and holding Manly High to 4 first half points. A small lapse in concentration in the second half saw Manly High make some jump shots and get themselves back into the game, but the Thunder showed too much class in the end to hold on for the win.

G10 Pittwater Thunder v Masada (26 Sep) Win 37-28

A great game to finish this half of the season off for the Thunder. We were able to dominate the rebounding in this game, all thanks to our height difference! This dictated the game from there as the more offensive opportunities we had to score, the further our lead grew. Was a great effort from all the boys.

G10 Pittwater Warriors v The Mater Boys (19 Sep) Win 17-11

The Warriors faced off against The Mater Boys in a nail-biting game. After a slow start the boys came out of a time out going on a run to even the score at 11 apiece. Both teams remained neck and neck for the rest of the game when Pittwater hit two clutch threes to tie and then take the lead of the game and seal a victory.

G10 Pittwater Warriors v St Pauls (26 Sep) Loss 30-42

The Warriors unfortunately were on the receiving end of a hard-fought game against St Pauls. A battle for 3rd place on the ladder ended up with the Warriors coming off second best. The game was competitive up until the final 10 minutes. The further we fatigued, the bigger their lead grew and unfortunately became unrecoverable.

G10 Pittwater Heat v Wolves (27 Sep) Loss 18-42

A game full of familiar faces on both teams! The Heat played off against the Wolves for their final game of the term and unfortunately couldn't negate the size differential. The Wolves were able to use their transition to get out and score some quick early baskets and unfortunately weren't able to recover. They fought really hard to their credit and were able to implement some of the new spacing and off-ball movement work that we had been working on throughout the year.

C11 Pittwater Sparks v TPHS Diamonds (20 Sep) Loss 12-43

Tough game tonight against the league leaders in our Year 12 girls and playing undermanned without 4 of our players. All things considered, I was really happy with how the girls played and competed, holding the Diamonds to one of their lower scores for the season.

C11 Pittwater Sparks v St Lukes (27 Sep) Draw 28-28

Great effort tonight against one of the top teams in the competition. The girls battled and played hard, again undermanned with only one substitution and the game ended up being a nail biter that came right down to the wire and eventually resulted in a draw. Great effort again girls!

G12 Pittwater Diamonds v TPHS Sparks (20 Sep) Win 43-12

A Pittwater derby between our Year 11 Pittwater House girls and our Year 12 girls. Both teams, despite being friendly, very much focused on the end result of this clash, both looking to show who's the better TPHS team! The Diamonds eventually ended up winning the game with some great passing and intense defence, despite the result, it felt like a win either way!

G12 Pittwater Diamonds v Black Diamonds (27 Sep) Win 69-25

The Diamonds were able to put on a show against the Black Diamonds, winning by an incredible margin and getting everyone in the team involved. Our intense defense along the halfway, opened up opportunities for layups consistently throughout the game and eventually ended up being the reason for such a big final score line. Well done girls, great way to finish off the term!

Term 1, 2020 Calendar Dates

Swimming Carnivals

K-2 Swimming Carnival – 26 March 2020 Years 3-6 Swimming Carnival – 13 February 2020 Years 7-12 College Swimming Carnival – 19 February 2020 Years 7-12 Grammar Swimming Carnival – 20 February 2020

Athletics Carnivals

K-6 Athletics Carnival – 22 June 2020 Years 7-12 Athletics Carnival – 18 June 2020

Sports Office Contact Details

Mrs Sue Grigg, Manager of Sports Email: <u>sue.grigg@tphs.nsw.edu.au</u> Mobile: 0421 102 954

Miss Ally Barnett, Sports Assistant Email: sportsoffice@tphs.nsw.edu.au

Nominations and Enquiries

Permission notes for all Academies, Competitions and upcoming Sporting Excursions can be found on the Pittwater House Skoolbag App in the Sports folder.

All other nominations and enquiries are to be emailed to the Sports Office at: sportsoffice@tphs.nsw.edu.au

Pittwater House Sporting Groups Facebook Page

Join Pittwater House Sporting Groups Facebook Page

Pittwater House has a sporting groups page on Facebook for current students and their families. This page provides updates to sporting fixtures and draws, results, permission slips and latest news for Pittwater House Sporting teams. This is a closed group, so unless you are a member you will not be able to view content. You need to have a Facebook profile if you wish to join. Search for **Pittwater House Sporting Groups** page and request to join the group.