Sport Reports

Basketball

J5 Pittwater Magic v St Lukes Thunder (29 Oct) Win 29-14

The Magic played a phenomenal game this week, beating a similarly match St Lukes team by 15 points. We were able to use our spacing and pace to out work St Lukes in transition and develop a big lead by halftime. We also had help from James Catterson who scored our first 12 point and finished with 24 points. With that win, the Magic clinched a semi-finals spot at the end of this season. Great work guys!

J6 Pittwater Nets v St Augustines Atoms (6 Nov) Loss 16-51

The Nets once again showed their improvement in their skills as they were using their left hand for dribbling, they looked up the floor and made strong passes, and they scored more points than the previous time we played the Atoms. Our defence needs to improve especially sprinting all the way back and contesting shots, but they gave great effort for the entire game, but they were facing a St Augustines side that made lots of hard shots early.

C7/8 Pittwater Storm v St Lukes Yellow (28 Oct) Loss 7-15

The Storm put up a great fight tonight against a very tough St Lukes team. Defensively, the girls did a great job to hold them to only 15 points for the game and had we made a few more makeable shots we would have been right there with them come the end of the game.

C7/8 Pittwater Storm v Mercy Marlins (4 Nov) Loss 7-14

The Storm played a great game and it was a two-basket game all the way up until the last 2 minutes. The girls played great defence as we focused on protecting close to the hoop and making them shoot over high hands. The struggle was on the offensive end as we could not put scoreboard pressure on Mercy. We had plenty of great shots from everyone, but we unfortunately could not capitalise. Even though we came away with the loss, there were plenty of positives to be taken away.

C7/8 Pittwater Pelicans v Hoops n Dreams (28 Oct) Loss 28-29

The Pelicans had a tight, scrappy game against Hoops n Dreams last night. Every time we have played this team across the last 2 seasons, we have had a chippy, rough and very close battle. This game proved to be no different. We went back and forth all game with them, even as the siren went, we had an opportunity to take the game. Unfortunately, it wasn't our week. However, I was extremely proud of the girls keeping their heads together and playing through to the last whistle.

C7/8 Pittwater Pelicans v Galstaun College (4 Nov) Win 36-13

The Pelicans started the game a little slow as the loud crowd of girls cheering on Galstaun may have been daunting but once the game got going, they settled down and made better plays. The passing from the girls stood out as this was key to getting good shots against the compact zone Galstaun had set up. In the second half we also got some transition layups from good defence at the other end. Great win girls.

G7 Pittwater Kings v Manly Crew (28 Oct) Loss 35-38

Very tight contest against the First Place Manly Crew tonight for the Kings. Just a little bit of a lack of organisation and composure toward the end of the game cost us in the end. We have put in a new offense and it is starting to take shape and the boys are figuring it out which is great. The good thing is come the semi-finals we know we can play with them.

G7 Pittwater Kings v St Lukes Navy (4 Nov) Win 39-35

Massive win tonight for the Kings against a very good St Lukes team. The last time we played them was a 10-point loss so to get a win against them tonight and now be equal with them in the standings was a great result. Our offense is looking better every week, we just need to stay disciplined defensively and not gamble for steals or blocks.

G7 Pittwater Knicks v Pittwater High (4 Nov) Win 49-28

The Knicks took to the court matched up against a Pittwater High team that had gotten the best of them in their previous contest. The boys jumped out to an early lead and managed to maintain it consistently throughout the game thanks to their efficient shooting and ball movement. Their excellent team play was on display throughout the game and the boys left the court with a 40-28 victory.

G8 Pittwater Pistons v Pittwater Heat (30 Oct) Win 36-24

Good win tonight for the Pistons against a good team and with having 2 of our players already playing 5 games earlier that day representing CDSSA. It was a little scrappy and not pretty, but the boys hung tough and came through toward the end when it mattered.

G8 Pittwater Pistons v Ring Burners (6 Nov) Loss 31-29

Top of the table clash tonight for the Pistons against the Ring Burners and it didn't disappoint. Both teams played well, and it was a good learning experience for our boys as we were handed our first loss of the year in a one possession game. Hopefully we learnt how to play against them should we play them in the semis or finals.

G8 Pittwater Celtics v St Augustines Wizards (30 Oct) Loss 32-34

The Celtics were shorthanded for this week's game, only having 4 players available so we had an extra fill in to make up 5 players. Without a sub for the boys we played a zone in the second half which made a big difference in the game as we protected the key and made them take tough outside shots. When the boys shared the ball and looked up the court, we had plenty of opportunities to score, however this was not consistent and some costly turnovers due to poor ball handling and bad passes gave St. Augustines to many more chances to score than us. A tough loss, but a good effort due to the circumstances of limited players.

G8 Pittwater Celtics v Tricksters (6 Nov) Win 39-19

The Celtics had the best game of the season this week playing a great game on both offence and defence. We came into the game focusing on our zone defence principles, but we wanted to pressure the ball and this caused the Tricksters to take contested shots and turn the ball over. At the other end the boys played unselfishly, making great passes which led to putting plenty of points on the board. The boys didn't let up for the entire game and they deserved this big win. Great Job Celtics.

G8 Pittwater Hawks v St Lukes (30 Oct) Win 18-11

The Hawks took to the court facing a St Lukes team they had previously drawn with looking to win their second game in a row. From the tip-off the boys were hungrier and more aggressive than their opponents making numerous shots and securing rebounds. The boys continued to pull away in the second half and came away with an 18-11 victory to increase their winning streak to 2 in a row for the first time this season.

G8 Pittwater Hawks v St Augustines (6 Nov) Loss 20-29

The Hawks came into this game looking to stretch their winning streak to three games against a formidable St Augustines side. Both teams were even through the first half trading baskets and showing strong defensive play. However, an unfortunate run by the opposition in the second half took the game out of reach for the Hawks.

C9 Pittwater Suns v Lightning (6 Nov) Win 47-18

Convincing win tonight for the Suns with all the girls hitting the scoreboard. The girls passed the ball extremely well and consistently hit the open player to get high percentage shots. Defensively, they were all talking well and rebounded to make sure the Lightning didn't get second chance points.

C9/10 Pittwater Opals v St Lukes (30 Oct) Draw 9-9

The Opals had a nail biter against St Lukes tonight with the game coming right down to the last possession. Defensively it was a great effort to hold the top of table St Lukes team to only 9 points. Great effort girls against the top team in the competition!

C10 Pittwater Jazz v Mosman Sharks (30 Oct) Win 31-24

Great win tonight from the Jazz against a quality opposition. The girls were able to get out in transition and get some easy fast break points and that was what proved to be the difference in the end. Defensively, we just have to make sure that we keep them out of the middle and make them a jump shooting team.

C10 Pittwater Jazz v Mosman Flares (6 Nov) Loss 31-16

Tough one tonight against the undefeated Mosman High team. We just couldn't get going offensively against the Mosman zone. They packed it in really tight and we weren't able to hit any jump shots. Defensively we weren't too bad, we made them take contested jump shots, just unfortunately tonight they made a lot of those shots!

G9 Pittwater Hornets v Humpback (31 Oct) Loss 36-42

The Hornets played a superb game even though the result did not go in our favour. We focused on protecting the basket on defence and the boys played this to perfection, but some great outside shooting from Humpback gave them a lead throughout the game. Harry Barker had his best game of the year, getting to the basket and finishing some tough layups and this kept the game close until Humpback went on a run to get up by 15. With 4 minutes left we went into a man to man, pressure defence and this was extremely effective as we brought the game back but just ran out of time. Great job Hornets.

G9 Pittwater Hornets v St Augustines (7 Nov) Loss 13-33

The Hornets started slow getting down very early in the game and this gave St Augustines confidence, especially on offence. We also were finding it hard to get good shots at the basket as we were rushing and not moving the ball. In the second half we made adjustments defensively, putting more pressure on the ball. This led to bad shots or turnovers from St Augustines and we were getting some great shots but just could not convert. A good learning experience for the boys to make sure we are ready to play from the jump.

G9 Pittwater Rockets v St Augustines Waves (7 Nov) Win 34-13

The Rockets played a good game against the Waves and they overcame only having 5 players to get a big win. In the first half we played good defence but made some costly fouls which gave them some free throws, and we struggled to penetrate their defence. At half time we made some adjustments, spreading the boys out and attacking the middle of the key and this opened up the scoring. A great win considering having no subs and the 5 boys playing an entire game.

G10 Pittwater Heat v St Lukes Navy (31 Oct) Loss 33-41

Tough one tonight for the Heat against a well drilled St Lukes team. Unfortunately, we couldn't get going offensively in the first half and we were playing catch up from there. We made a good comeback in the second half to make it a one possession game toward the end but couldn't quite get there and the end score wasn't reflective of how close the game actually was.

G10 Pittwater Heat v Mosman Sonics (7 Nov) Loss 28-34

Another really close game tonight against the undefeated Mosman High team. The boys played a really good game throughout and just lacked a little bit of calmness and polish under pressure toward the end of the game in what was really a one possession game again. When we stay disciplined defensively and not foul, we were right there with the top team in the competition.

G10 Pittwater Thunder v Mater Boys (31 Oct) Loss 28-29

The Thunder played in a tight game against Mater, who played very aggressive for the entire contest. This threw us out of rhythm throughout the game, however the boys did not back down at all, and continued to play with passion and attention to detail. The Thunder had some great unselfish plays that were setting up for easy shots near the basket, but we couldn't capitalise one enough of these to get over the line. Even though we lost, the boys played hard and gave great effort, just a good learning experience for our first loss on the year.

G10 Pittwater Thunder v Manly High (7 Nov) Win 33-24

The Thunder played a quality Manly High side that junked up the game with their defence getting in the passing lanes for deflections or steals. Once the boys started to slow down and make pass fakes, this opened up driving lanes to get shots at the basket. Our defence was solid throughout the night as keeping a team to 24 points is a great effort. The boys were happy to be back on the winning track after a tough loss last week.

G10 Pittwater Warriors v St Lukes Blue (31 Oct) Win 31-27

The Thunder played a very smart game against St Lukes Blue last night. We were able take advantage of our height and managed to secure some early offensive rebounds to get an early lead. In the second half, we locked down on defence and were able to hold them off to get the W. Well done guys!

G10 Pittwater Warriors v Mater Maria (7 Nov) Win 43-26

The Warriors faced off against a gritty Mater Maria team, who was looking to overtake them in the standings tonight with a win. However, the boys had other plans and they came out firing, hitting a string of three pointers to gain an early lead. In the second half, the warriors managed to maintain their offensive efficiency and tighten up defensively to come away with a great win and keep their spot on the ladder in the top 4.

G10 Pittwater Heat v Mosman Warriors (1 Nov) Loss 34-39

The Heat have made a habit of playing with the top teams in the competition the last 3 or so games and making it really close finishes. Again, just a little bit of polish was lacking toward the end of the game and a little luck and we would have beat the top team in the competition tonight. Much better effort defensively though, when we make sure to not bail out the other team with fouls we can play with anyone.

G10 Pittwater Heat v Never Miss (8 Nov) Win 63-38

Great win tonight for the Heat boys, they played great defence to start the game which led to easy scores and we were able to get out to a commanding early 15-0 lead. The boys managed to keep the hot shooting up most of the game and made the most 3 pointers for the season in a game. Great win boys!

C11 Pittwater Sparks v Wildcats (1 Nov) Win 38-7

One of our better wins for the season tonight for the Sparks. Everyone got on the scoreboard and the girls were out and running in transition to get some easy lay ups. The willingness to find the open player was awesome tonight and defensively, to hold the opposition under 10 points was an outstanding effort.

G12 Pittwater Diamonds v Stella Maris (1 Nov))

The diamonds fresh off HSC exams took to the courts against the Ball Slayers. The girls displayed a dominant performance showing efficient offense and stellar team play leading to a 53-4 victory over the opposition. The girls left with big smiles leaving everything on the court.

G12 Pittwater Diamonds v NBCS (8 Nov) Win 78-17

With only 4 players to start the game, the girls were locked in and managed to get stops and get out and run in transition to hide the fact that they were down a player. When our 5th player arrived, this only helped us continue with the great scoring display. Great win girls.

Cricket NSWPSSA Cricket Championships

Arabella Handley (J5), represented the CIS Team at this year's State Championships which were held last week in the Campbelltown area. The CIS team had a wonderful Championships and after a gruelling week of 25 overs a side two matches in a day finished is 2nd place overall. Arabella who is in Year 5 opened the bowling for the strong CIS Team and batted in the middle order. She bowled impressively for her team showing good pace and great accuracy. She took 4 wickets over the week and scored 32 runs as well as taking 1 sharp catch. Well played Arabella! A total of 13 Teams took part in the event which displayed the most talented Primary Girl Cricketers from all over NSW.

Softball

AICES Open Girls Softball Trials

On Wednesday 6 November we took three students from our Senior Girls College to Blacktown Olympic Park to take part in the trials to select the AICES Open Girls Softball Team that will take part in the 2020 State CIS Championships. Olivia Euvrard (C7), Jaylen Hotchkiss and Shontelle Layton (C8 all represented different association teams in a round robin format of matches. Both Shontelle who played for the winning NASSA team and Jaylen who represented Hills Zone were selected to represent into the Open AICES Girls Softball team to contest the 2020 CIS State Championships. The girls impressed on the day the selectors with their great skills. Shontelle was very impressive on First Base and with the bat and Jaylen looked very confident in the outfield and stuck the ball solidly when batting. Well done girls to gain selection into the Open Under 18 Team while only still in year 8 is a remarkable achievement.

Tennis

Last Friday November 8 three students from our Senior Girls College took part in the AICES Girls U/15 Tennis Championships that were held at the Cintra Park Tennis courts in Concord. Our girls: Kristina Pilkington (C8), Lara Wiggs (C8) and Taylor Riddle (C9) all played singles under the Fast Tennis rules, first to win 5 games wins the match. Taylor was our top performer on the day winning three of her four matches, which would have advanced her to the finals .Unfortunately in her final match as she put away the winner on match point she suffered a tournament ending shoulder injury which meant she had to withdraw from the remainder of her matches. Both Lara and Kristina won one of their first four matches and progressed to the consolation rounds where they lost in the first round. Well played girls and get better quickly Taylor you showed an excellent all-round game in your matches.

Triathlon

CIS Team Triathlon Championships

We sent a Junior Boys Team of Jake Griffith (Bike 10km), Ben Rousel (Swim 400m) and Anton Ostryn (Run 3km) to contest this massive event at The Sydney International Regatta Centre in Penrith. The boys put in a strong performance in all the legs to finish in 6th Place Overall in the Male category. Over 40 Teams contested the section and the ideal conditions on the day made for a very fast race. Well done to our team for a top effort on the day.

Waterpolo

AICES Water Polo Championship – Grammar Team

Our Grammar Water Polo team won all its matches and came away as Champions, our first title in 5 years. I was very impressed by our players' skill and sportsmanship and the boys were all a credit to their school. Congratulations to James Kofoed (G11), Nick Hawkins and Oscar Smith (G10), Max Jovic, Ewan Gillespie and Cameron Obst (G9), and to our super-subs Conner Maggs, Tom McPherson and Levi Smith (G8). James Kofoed, Oscar Smith, Ewan Gillespie and Cameron Obst were subsequently selected to the AICES Team for the CIS Schools Selection Trials, to be held early in the 2020 school year. Double Congratulations!

AICES Water Polo Championship – College Team

The following girls represented Pittwater House in the competition against teams from Reddam, William Clarke, St Lukes and Arden Schools: Hannah Bosland, Jamie Cummins, Melanie Davis, Paris Hallet, Violet Haylen, Laila Jenkins, Savannah Jones, Albee Mc Innes, Lauren Trevena and Erika Wei. On the day the girls won two and lost two of their matches. Our wins were against William Clarke 13 to 6 and St Lukes 10 to 3. Our top scorers on the day were Jamie Cummins with 11 goals and Laila Jenkins with 9 goals. Congratulations to both Laila and Albee for making the AICEs Open Girls Water Polo Team

JANUARY 2020 – School Holiday Sports Camps

Basketball Camp

Pittwater House will be running a Basketball Holiday Camp in the January School Holidays. The Camp will cater for all age groups and skill levels from learn to play to more advanced players. Most importantly, the program is designed for kids to learn the fundamentals of basketball, game reading and how to operate in a team environment. There will be a Junior Camp for students in Years K to 6 and our Senior Camp for those in Years 7 to 12.

Junior Camp Dates:Monday the 20 January and Tuesday the 21 January - Cost \$200Senior Camp Dates:Wednesday the 22 January and Thursday the 23 January - Cost \$200Age:5 Years and above

Permission note are now on School Bag, if you are new to the school in 2020 you can email the Sports Office to register your child sportsoffice@tphs.nsw.edu.au.

Running Camp

Pittwater House will be conducting a Running / Sports Holiday Camp in the January School Holidays. The camp will cater for all age groups and skill levels from beginners to advanced athletes. The Camp hours 9am – 3pm.

Dates: Monday the 20 January, Tuesday the 21 January and Wednesday the 22 January

Cost: \$75 for 1 day, \$150 for 2 days or \$200 if booked in for all 3 days

Age: 8 years and above

Permission note are now on School Bag, if you are new to the school in 2020 you can email the Sports Office to register your child sportsoffice@tphs.nsw.edu.au.

Swimming Carnival Preparation Camp

Pittwater House will be running a 4-day Swimming Carnival Preparation Camp for any student aged 8 to 18 years who can swim unassisted for at least 25m. The 4-day camp will cost \$120 in total with each day having a focus on the technicalities and rules relating to each of the competitive swimming stokes If you would like to participate in this preparation camp, please fill out the permission note via the Skoolbag App by the 13 December 2019.

Age Group:8 to 18 yearsDates:Monday 20 January to Thursday 23 January 2020Times:10am to 12pmCost:\$40 per day or \$120 for all 4 days

If you are new to the school in 2020 you can email the Sports Office to register your child sportsoffice@tphs.nsw.edu.au

JANUARY 2020 – NOMINATION DATE

AFL CIS Primary Boys U12 AFL Trials – Nominations Due 1/2/20

Date: 5 March 2020

The CIS Trials are held in Canberra with parents responsible for transporting their son to and from trials. The CIS selectors will select a team to go on and play for CIS at NSWPSSA AFL Championships in Mid-May.

Baseball

CIS Open Boys Baseball Trials – Nominations Due 10/2/20

Date: 18 February 2020

If you would like to trial for the CIS Open Boys Baseball Team trials are being held on the 18 February please let the Sports office know by the 11 February, must play Rep Baseball

Basketball

Manly Warringah Basketball Competition

Each year Pittwater House enters teams into the MWBA from Year 3 to Year 12. There are 2 competitions each year with the first one starting around the second week of February and the second one the first week of Term 3. If your child would like to play in this competition, please email nathan.kirwan@tphs.nsw.edu.au.

CIS Primary Boys and Girls Basketball Trials – Nominations Due 10/2/20

Date: 21 February 2020

If you would like to trial for the CIS Primary Boys and Girls Basketball Team trials are being held on the 21 February please let the Sports office know by the 10 February, must play Rep or Div. 1 Basketball.

Basketball – International Basketball Program – USA Dec 2020 / January 2021

Nominations to be selected for one of the teams close on the 11th of February.

TPHS is pleased to announce that we will be heading to the United States of America in late December 2020 and early January 2021 on a Basketball Tour. The purpose of this trip is to offer a chance for Basketballers at TPHS that have shown a keen interest in improving their game and shown great commitment to the Basketball program to compete at a high level and experience what Basketball is like in another country. If you are interested in nominating your child to be selected to go on the tour, please email Nathan at <u>nathan.kirwan@tphs.nsw.edu.au</u>

Cricket

CIS U15 Boys Cricket - Nominations Due 30/1/20

Date: 10 & 11 February 2020

If you would like to trial for the CIS U15 Cricket Team trials are being held on the 10 & 11 Feb, please let the Sports office know by the 30/1/20, must play Rep cricket.

Note: This clashes with year 8 & 9 Camp on the 10^{th} - Phase 1 Trials and year 7,8 & 9 Camp on the 11^{th} - Phase 2 trials.

CIS Open Boys Cricket – Nominations Due 2/2/20

Date: 17 & 18 February 2020

If you would like to trial for the CIS Open Boys Cricket Team trials are being held on the 17 & 18 February, please let the Sports office know by the 2/2/20

CIS Open Girls Cricket – Nominations Due 6/2/20

Date: 14 February 2020

If you would like to trial for the CIS Open Girls Cricket Team trials are being held on the 14 February, please let the Sports office know by the 6 February 2020

Note: This clashes with Years 7/9 & 11 Camp

Hockey

CDSSA Hockey Trials – Nominations Due 14/2/20

Date: 28 February 2020

If you would like to trial for the below teams, please let the Sports Office know by the 14 February

- U16 Boys Team
- U16 Girls Team
- Open Boys Team
- Open Girls Team

Netball

HICES U12 Netball Championships - Nominations Due: 21 February 2020

Date: 16 March 2020

Pittwater house will take 10 girls from Years 5 & 6 to represent Pittwater House at the HICES Netball Trials. If selected into the HICES Netball Team you will represent Pittwater House and HICES at the CIS Primary Girls Netball Championships

Peninsula Cup Netball Competitions - Nominations:12 February 2019

The Peninsula Cup Netball Competition is available for Senior College students in Years 7-12 and is played against various schools.

Teams:U14 Girls / U16 Girls / Open GirlsDay/Time:Tuesday - Term 2 4pm - 5pmLocation:Curl Curl Netball CourtsUniform:TPHS Netball Dress (available to loan from the Sports Office), navy or black bike pantsTraining:Tuesday Mornings 7.15am to 8.15am (TBC)Cost:\$40 per season

If you would like to play in a TPHS Netball Team please let the Sports Office know by the 12 February

CDSSA Netball Gala Day - Nominations Due: 12 February 2020

Date: 24 March 2020

The CDSSA Netball Gala Day is open to all College students in Years 7 to 12 who would like to nominate to trial with an U15's and an Open's Team selected to play in the Gala day. The winning U15's and Open's team at the Gala Day will then go on to represent CDSSA and their school at the AICES Schools Cup Championships if they wish to. Also, during the Gala Day, players will be selected to represent CDSSA in the U15's and Opens Team to play in the AICES Championships.

Snowsports Raceweek

Interschools Snowsports Championships - Nominations: 20 February 2020

Each year, Pittwater House competes at the NSW Interschool's Snowsports Championships in the Term 2 School Holidays.

Dates: Sunday 12 July to Sunday 19 July 2020

Competition: 14 - 18 July 2020

Location: Perisher

Age Groups: Year 1 to Year 6 (must stay with parents) Year 7 to Year 12 (can stay with parents OR with school accommodation.

Cost - Junior Students: \$200 Admin and Staff race supervision fee. Excludes: Race Entry fees pass

Cost - Senior Students staying with TPHS: Approx. \$2000 which includes accommodation, transport, 6-day Lift pass, 2 x compulsory lessons, National Park entry, all breakfast and dinners. Excludes: TPHS Snow jacket hire, race fees, lunches and equipment hire.

Soccer HICES U12 Boys Soccer Championships - Nominations Due: 21 February 2020

Date: 16 March 2020

Pittwater house will select 3-4 boys from Year 5-6 to trial for the HICES Soccer Team. If selected into the HICES Soccer Team, the players will then go on to play in the CIS Championships

HICES U12 Girls Soccer Championships - Nominations Due: 26 February 2020

Date: 16 March 2020

Pittwater house will select 3-4 girls from Year 5-6 to trial for the HICES Soccer Team. If selected into the HICES Soccer Team, the players will then go on to play in the CIS Championships

Peninsula Cup Soccer Competitions Grammar – Nominations Due: 19 February 2020

The Peninsula Cup Soccer Competition is played against various schools on the Northern Beaches.

Time: 4pm – 5pm Term 2

- U14 Boys Thursdays
- U16 Boys Tuesdays
- U18 Boys Wednesdays

Location: Games are played at various schools (See draw once published)

- **Uniform:** TPHS Soccer Jersey (available from the Sports Office), TPHS Shorts, TPHS Sport Socks and Shin Pads
- Cost: \$30 per season

Softball

CIS Open Boys Softball Trials - Nominations Due 12 February 2020

Date: 25 February 2020

If you would like to trial for the CIS Open Boys Softball Team trials are being held on the 25 February please let the Sports office know by the 12 February, must play Rep Softball.

Tennis

CIS Primary Boys and Girls Tennis Championships - Nominations Due 8 February 2020

Date: 19 February 2020

If you would like to play at the CIS Tennis Championships, please email the Sports Office prior to the 8/2 and include your full playing history and your Australian Ranking. HICES is only allocated 4 spots for boys and 4 spots for girls from all schools under the HICES Pathway.

AICES Open Girls Tennis Championships – Nominations Due 30 January 2020

Date: 5 February 2020

If you would like to trial for the AICES Open Girls Tennis Trials which are being held on the 5 February, please let the Sports office know by the 30 January 2020.

AICES Open Boys Tennis Championships – Nominations Due 30 January 2020

Date: 7 February 2020

If you would like to trial for the AICES Open Boys Tennis Trials which are being held on the 7 February, please let the Sports office know by the 30 January 2020.

Triathlon - Individual

CIS / NSW All Schools Triathlon - Nominations Due 12 February 2020

Date: 26 February 2020

Junior - 12 To 14 Years. - 400m Swim / 10km Cycle / 3km Run Intermediate - 15 To 16 Years - 600m Swim /15km Cycle / 4km Run Senior - 17 To 19 Years - 750m Swim / 20km Cycle / 5km Run

Touch Football

CDSSA Touch Football Trials - Nominations Due 14 February 2020

Date: 28 February 2020

If you would like to trial for the below teams, please let the Sports Office know by the 14 February

- U15 Boys Team
- U15 Girls Team
- Open Boys Team
- Open Girls Team

Water Polo

Pittwater House enters teams into the Northern Suburbs Schools Water Polo Association Competition throughout the year.

Opens Competition (College and Grammar Years 10-12) - Nominations: 18 February

Time:	Varies between 7pm – 9:20pm
Location:	Warringah Aquatic Centre, Frenchs Forest
Uniform:	Pittwater House Swimming Costume and Cap
Training:	All players are required to attend 1 training session per week
Cost:	\$135 per season
Day:	Friday nights
Dates:	Commences Early March and continues into Term 2 (Dates to be confirmed)
Training:	Training commences Week 4, Term 1

Term 1, 2020 Calendar Dates

Swimming Carnivals

K-2 Swimming Carnival – 26 March 2020 Years 3-6 Swimming Carnival – 13 February 2020 Years 7-12 College Swimming Carnival – 19 February 2020 Years 7-12 Grammar Swimming Carnival – 20 February 2020

Athletics Carnivals

K-6 Athletics Carnival – 22 June 2020 Years 7-12 Athletics Carnival – 18 June 2020

Sports Office Contact Details

Mrs Sue Grigg, Manager of Sports Email: <u>sue.grigg@tphs.nsw.edu.au</u> Mobile: 0421 102 954

Miss Ally Barnett, Sports Assistant Email: sportsoffice@tphs.nsw.edu.au

Nominations and Enquiries

Permission notes for all Academies, Competitions and upcoming Sporting Excursions can be found on the Pittwater House Skoolbag App in the Sports folder.

All other nominations and enquiries are to be emailed to the Sports Office Email: sportsoffice@tphs.nsw.edu.au

Pittwater House Sporting Groups Facebook Page

Join Pittwater House Sporting Groups Facebook Page

Pittwater House has a sporting groups page on Facebook for current students and their families. This page provides updates to sporting fixtures and draws, results, permission slips and latest news for Pittwater House Sporting teams. This is a closed group, so unless you are a member you will not be able to view content. You need to have a Facebook profile if you wish to join. Search for **Pittwater House Sporting Groups** page and request to join the group.