

## 5 tips for back-to-school online safety – information from the Office of the eSafety Commissioner

Tuesday 11 February is <u>Safer Internet Day</u>, which is an annual, worldwide event that encourages building a better internet together. The beginning of a new school year is a good time to review online safety and open the conversation with your students before any issues arise.

The Office of the eSafety Commissioner recommends sharing the responsibilities of online safety with your student and working together to develop a <u>'Family Tech Agreement'</u>; being mindful of what you share online and with whom (e.g. photos of your child's first day of school and other milestones); <u>know the signs for cyberbullying</u>; <u>set screen time limits</u>; use tools such as <u>parental controls</u> and <u>privacy and reporting tools</u>; and <u>stay engaged</u>.

The <u>Office of the eSafety Commissioner</u> website is a great place to visit to keep pace with the latest in online safety for children and young people all year round. The Office of the eSafety Commissioner is facilitating a number of <u>webinars for Parents and Carers</u>:

## Helping kids thrive online

Suitable for parents and carers of young people aged 5-12 years old.

- 12 February 2020 8:00 PM 9:00 PM (AEDT)
- 14 February 2020 12:00 PM 1:00 PM (AEDT)

## Tech, teens and time online

Suitable for parents and carers of young people aged 12-18 years old.

- 11 February 2020 8:00 PM 9:00 PM (AEDT)
- 12 February 2020 1:30 PM 2:30 PM (AEDT)