



Dear Families,

Welcome back to another year of fun filled healthy lunches made Fresh for your family. If you are just starting your child's school journey or new to the school we warmly welcome to our food community.

At The School Canteen we like do things differently, we have our very own commercial kitchen set up with chefs and cooks working hard to make your child's food from scratch. We have a philosophy some say its out of this world CRAZY but I'm here to share with you our secret.

HEALTHY FOOD MADE FUN
info@theschoolcanteen.com.au
www.theschoolcanteen.com.au

So here goes, please take the time to read this simple recipe for what we do, feel free to jot down our secrets , its what we do differently compared to most school canteens!

Our Recipe begins with 3 main ingredients;

1. LOVE
2. HARD WORK
3. USING FRESH INGRIDIENTS SOURCED FROM OUR LOCAL COMMUNITY TO MAKE FOOD FOR OUR LOCAL COMMUNITY

As parents ourselves we don't believe that frozen pies and processed pastas filled with chemicals to be good enough for our own children so why should it be good enough for yours? It simply isn't. That's where we can help, let us feed your family with our food to nourish - no nasty numbers! We love what we do and hope your children will love our lunches too.

Please have a look at our menu, if you're interested to learn more on the options and variety we offer daily please register for an account on the lunch order platform **Flexi Schools** to make an order/view the full menu (www.flexischools.com.au) Registration is simple and takes no more than 5 minutes.

You may already have an account if your school uses Flexischools for event tickets or uniforms. If you need help with opening an account please contact Flexi Schools directly on 100 361 769 Monday – Friday between 8am and 5pm.

For any food/menu queries please feel free to contact us directly via email : info@theschoolcanteen.com.au alternatively you can call Kirsty on 0416 786 603 and we will be happy to assist.

Wishing you Health and Happiness for the year ahead,
Kirsty and Jason Feliciotto – The School Canteen

HOME MADE USING NONNAS TRADITIONAL RECIPES



OUR SALADS



OUR PASTA



SAUSAGE ROLLS



OUR PIZZA

Fuel My Super Powers Salads	From \$4.00
Salad Boxes	From \$4.00
Sushi	From \$4.80
Sandwiches	From \$3.20
Pizza	From \$5.00
Pasta	From \$4.00
Lunch Time Specials	From \$4.50
Vegetarian Options	From \$4.00
Gluten Free Options	From \$3.50
Snacks	From \$1.50
Deserts	From \$1.50
Frozen	From \$1.50
Drinks	From \$1.50