# **Habits of Mind**

## Getting to know all 16 Habits of Mind

#### **Persisting**



Persevering in task through to completion; remaining focused. Looking for ways to reach your goal when stuck. Not giving up.

### **Listening with Understanding and Empathy**



Understand others! Devoting mental energy to another person's thought and ideas. Make an effort to perceive another's point of view and emotions.

## **Thinking About your Thinking**



Know your knowing! Being aware of your own thoughts, strategies, feelings and actions and their effects on others.

## **Questioning and Problem Posing**



How do you know? Having a question attitude; knowing what data are needed and developing questioning strategies to produce data. Finding problems to solve.

## Thinking and Communicating with Clarity and Precision



Be clear! Striving for accurate communication in both written and oral form; avoiding over generalisations, distortions, deletions and exaggerations.

#### **Creating, Imagining and Innovating**



Try a different way! Generating new and novel ideas, fluency and originality

#### **Taking Responsible Risks**



Venture out! Being adventuresome; living on the edge of one's competence. Try new things constantly.

#### Thinking Interdependently



Work together! Being able to work in and learn from others in reciprocal situations. Team work!

### **Managing Impulsivity**



Take your time! Thinking before acting; remaining calm, thoughtful and deliberate.

#### **Thinking Flexibly**



Look at it another way! Being able to change perspectives, generate alternatives, consider options.

## **Striving for Accuracy**



Check it again! Always doing your best. Setting high standards. Checking and finding ways to improve constantly.

#### **Applying Past Knowledge to New Situations**



Use what you learn! Accessing prior knowledge; transferring knowledge beyond the situation in which it was learned.

#### **Gather Data Through all Senses**



Use your natural pathways! Pay attention to the world around you. Gather data through all the senses (taste, touch, smell, hearing and sight)

#### **Responding with Wonderment and Awe**



Have fun figuring it out! Finding the world awesome, mysterious and being intrigued with phenomena and beauty.

#### **Finding Humour**



Laugh a little! Finding the whimsical, incongruous and unexpected.

Being able to laugh at oneself.

#### **Remaining Open to Continuous Learning**



I have so much more to learn! Having humility and pride when admitting we don't know; resisting complacency.