



WINMALEE HIGH SCHOOL

High School Drive, Winmalee NSW 2777  WinmaleeHighSchool-Official
T 02 4754 2822 F 02 4754 3280 winmalee-h.school@det.nsw.edu.au www.winmaleehigh.com.au

YEAR 7 SETTLING INTO HIGH SCHOOL PROGRAM

Dear Parents or Guardian,

At Winmalee High School, we endeavour to help each Year 7 student have as smooth a transition into High School as possible. Students have recently participated in the Peer Support Program with their senior leaders, addressing such issues as making friends, having positive attitudes, coping with challenges and respecting others.

Now, as part of **Settling into High School**, a program has been organised for *all* Year 7 students to participate in on **Monday 29th of June and Tuesday 30th of June 2020**. It will assist students with their study skills, personal development and to help students work together through personal and co-operative challenges.

- | | |
|------------------------|---|
| Location | All activities will be on site at Winmalee High School. These activities will be led by experienced, qualified staff from the school. |
| Cost | There is no charge to students. |
| Bring | Students must bring a pen, coloured pencils and paper;
Sunscreen, a hat and a water bottle are also advised. |
| Wear | Sports uniform. Students are advised to be Sun Smart and wear a hat and sunscreen. |
| Program Outline | <ol style="list-style-type: none">1. Study Skills2. Abseiling3. Initiative Activities and Team Challenges4. Friends, classmates and conflict resolution5. Personal Development and Relationships for Boys and Girls (Segregated)6. Advice on responsible use of social media and other electronic communication. |

This program is a **compulsory** part of the Year 7 curriculum. To ensure that your child does not miss this opportunity, could you please sign the permission slip below and return it to your roll call teacher by **Monday 22nd of June 2020**. Whilst we encourage students to participate in all activities, we do not insist on this if they feel uncomfortable in a challenging situation. Please feel free to contact the school if you have any concerns relating to the program.

Regards,

Ms V. Facas
Principal

Mr Kingston
Year 7 Advisor

Ms Doyle
Coordinator

High School Drive WINMALEE 2777 Phone 02 4754 2822

Email: Winmalee-h.school@det.nsw.edu.au Web: www.winmaleehigh.com.au  www.facebook.com/WinmaleeHighSchool-official

Strive to Achieve



YEAR 7 SETTLING INTO HIGH SCHOOL PROGRAM

PERMISSION NOTE

I give permission for my child/guardian
(Full Name)

of(Year 7 Class) to participate in the **2020 Settling into High School Program**
on **Monday 29th and Tuesday 30th of June 2020** to be held on school grounds.

I understand that my child:

- must wear safe and sturdy joggers and school sports uniform.
- is advised to wear a hat and sunscreen and bring a water bottle.
- is required to bring their own lunch and morning tea.
- Students will be provided with a BBQ lunch on Tuesday 30th of June.
- may be discussing sensitive and personal issues including body awareness and related issues, personal hygiene and care, friendships and relationships, puberty and other issues relating to young teenagers.
- will be discussing the issues relating to electronic social media and cyber safety.
- will be participating in abseiling down a 10m rock face and returning to the top along a rocky bush track.
- Abseiling activity will be run by staff members with appropriate abseiling training and qualifications.
- will be encouraged to participate in all the activities and sessions offered, however, we will not insist on this if they feel uncomfortable in any situation.


Name
Parent/Guardian

Signed
Parent/Guardian

Date



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YEAR 7 SETTLING INTO HIGH SCHOOL PROGRAM

Dear Parents and Guardians,

As part of the Year 7 Settling into High School Program, Year 7 students will be participating in a session on Personal Development and Relationships. This part of the program will be gender segregated and will run by experienced staff of the same gender.

The primary goal of these sessions are to equip students with the knowledge, skills and values to have safe, fulfilling and enjoyable relationships and to make informed, responsible and safe choices that promote and protect their own health, safety and wellbeing as well as that of others.

Discussions will be teacher led and will be focused on the emotional, social and physical aspects of growing up, personal hygiene, relationships, identity, gender, equality and sexual health. All content delivered to students will be objective, relevant and will serve an educational purpose.

Winmalee High School acknowledges the right of students and parents to hold different viewpoints on such matters and respectfully accepts any parent or child's decision to not participate in this part of the Year 7 Settling into High School program. Students who wish to withdraw from the session will be supervised by staff in a separate location within the school.

Please feel free to contact the school if you have any concerns relating to the program.

Regards,

Ms V. Facas

Relieving Principal

12-6-20