

22 MARCH 2020
GRIFFITH PARK
LONG REEF HEADLAND
COLLAROY







# A FAMILY FUN DAY

FUN & ACTIVITIES









# **REGISTER NOW**

All courses start and end in Griffith Park

## 10KM / STARTS AT 9AM

Two laps of the full course

### 5KM / STARTS AT 9.15AM

One lap of the full course

### 3KM / STARTS AT 10.45AM

A shorten course around Long Reef Headland

PARK WILL OPEN AT 8AM AND CLOSE 1PM

**PROUDLY SUPPORTED BY** 



Cunninghams



Help us reach our goal of \$100,000 to fund mental health workshops and training programs