NEAT EATS MENU

Breakfast

V H* 1/2 english Muffin	$0.50
*cheese & bacon bites	$0.50
*Mini quiches	$0.50
VH*Pikelet	$0.60
VH*butter/vegemite toast (2)	$0.60
VH*Bake bean+cheese bowl	$1.00
VH*Spaghetti + cheese bowl	$1.00
* CB roll	$3.00
VH* Fruit salad	$3.00

Crunch & sip yum bags

VH*Melon piece	$0.50
VH*Piece fruit	$1.00
VH*Fruit kebab	$1.00
VH*Melon wedge	$1.00
VH*cheese & tomato	$1.00
VH*Carrot & celery	$1.00
VH*Carrot & cheese	$1.00
VH*Carrot	$1.00
VH*Tasty (tom,car,cuc,che)	$1.00
H*egg	$1.00

Ice blocks

VH*Quelch stick	$0.70
VH*100% Juice cup	$1.00
VH*Icy twist	$1.50
V*Calippo	$1.50
V*Frozen yoghurt	$2.50
Jelly stick 30c each (2)	$0.50

H = HALAL

V = VEGETARIAN

Snack Attack

VH*Yoghurt fruits		$0.50
V*Fruit cups (2)		$0.50
VH*Honey bubble log		$0.50
V*Shelly biscuit		$0.50
VH*Fresh popcorn sml 50c	lrg	$1.00
V*Fruity bix		$1.00
VH*Mamee snacks		$1.00
VH*Vege chips		$1.50
* Assorted 28g chips		$1.50

Tiger sanwiches

VH*Veg/Jam/Che Spread	$1.50
VH*Tasty cheese	$2.50
H*Egg/Curried egg	$2.50
VH*Cheese & tomato	$3.00
*Tuna	$3.00
*Leg Ham	$3.50
H*Roasted chicken	$3.50
VH*Salad	$3.50
*Ham, cheese & tomato	$4.50
H*Chicken, lett, Mayo	$4.50

Menu Changes Daily

All foods made on Premises

3.5 stars 4 stars 4.5 stars 5 stars

Wraps or rolls

VH*Salad	$4.00
*BLT	$4.50
H*Egg & salad	$5.00
*Chicken caesar Wrap	$5.00
H*roast chick, lett,mayo	$5.00
*Ham & salad	$5.00
H*Chicken & salad	$5.00

Summer/ spring

*Sushi (tuna& corn)	$3.00
H*Chicken Pasta salad	$4.00
VH*Salad boat	$5.00
*Tuna salad box	$5.50
H*chicken caesar box	$5.00
H*Egg and salad box	$5.50
*Ham or chick salad	$5.50

Drinks

VH*Water	$2.00
VH*Focus water	$2.50
VH*100% Popper	$1.50
VH*Berri pop top	$2.00
VH*Plain milk	$1.50
H*Flavoured milk	$2.50
H*Up & Go (choc)	$3.00
H*Warm milo	$2.00

Home mades

On site

GVH vege fried rice	$3.50
G Fried rice	$3.50
V*Mac & Cheese	$3.50
H*chick or beef spag bol	$3.50
H*Beef Lasagne	$3.50
H*Chicken Lasagne	$3.50
VH*Vege Lasagne	$3.50
H*Curried chick + rice	$4.00
H*Curried vege + rice	$4.00
H*Butter chicken& rice	$4.00

Hot rolls/ wraps

*Cheese burger	$3.50
*Hamburger	$4.50
H*Roast chicken	$4.00
H*Sweet chilli tender	$4.00
*Meatball sub	$3.00
VH* Hot cheese	$3.00
H Chicken hot dog	$3.00
H Chicken burger	$3.50

Hot food

H*Chicken kebab stick	$3.00
VH*Potato wedges	$2.50
VH*Corn cob	$1.00
*6 x Meatballs	$3.00
H Chicken nugget	$0.70
H Sausage roll	$3.50
VH garlic bread	$3.00
*Party pie	$1.00
VH* (4) spring rolls	$2.00